# From The Family



拍數: 32 牆數: 4 級數: Low Intermediate

編舞者: Jamie Marshall (USA) - March 2011

音樂: Merry Christmas from the Family - Montgomery Gentry



### STEP, CROSS ROCK, RECOVER, TRIPLE R W/ 1/4 TURN, FULL TURN, ROCK, RECOVER, STEP

1,2,3 Step R to R (1), Cross rock L over R (2), Recover onto R (3) (12:00)

4&5 Step L to L (4), Step R next to L (&), Turn 1/4 L, stepping L forward (5) (9:00)

6.7 Turn ½ L, stepping R back (6), Turn ½ L stepping L forward (7) (9:00)

(Option: Instead of full turn, simply walk forward R, L)

Rock R forward (8), Recover onto L (&), Step R next to L (1) (9:00) 8&1

## BACK ROCK, RECOVER, 1/4 SCISSOR TURN, STEP, TOGETHER, TRIPLE STEP

2,3 Rock L back (2), Recover onto R (3) (9:00)

4&5 Step L forward (4), Turn ¼ R, stepping R to R (&), Cross L over R (5) (12:00)

6,7 Step R to R (6), Step L next to R (7) (12:00)

8&1 Step R to R (8), Step L next to R (&), Step R to R (1) (12:00)

### CROSS ROCK, RECOVERY, STEP, TAP, KICK, ROCK, RECOVER, STEP

2,3 Cross rock L over R (2), Recover onto R (3) (12:00)

4&5 Step L to L (4), Tap R next to L (&), Kick R forward (5) (12:00) 6,7,8 Rock R forward (6), Recover onto L (7), Step R next to L (8) (12:00)

# KICK, STEP, KICK, STEP, CROSS, UNWIND 1 1/4 RIGHT, AS CHANGE WEIGHT

Kick L forward (1), Step L back (2) (12:00)

3,4 Kick R forward (3), Step R back (4) (12:00)

5 Cross L over R (Look to R, this is the wall you should end up facing) (12:00)

6,7,8 Slowly unwind 1 1/4 to the R transferring weight onto L (3:00)

(You can cheat the 1 1/4 turn by turning 1/4 R on count 5)

Restarts: After first 16 counts on Walls 4 and 10

Contact: thejamiemarshall@att.net - 615-207-5207 - www.ftwaynedanceforall.com

Dance also known as A Buncha Girls

Video instruction available at www.linelessons.com