

Let Us Cha

拍數: 64 牆數: 4 級數: Improver
編舞者: Joenan (AUS) - September 2012
音樂: Sway (Cha Cha / 30 BPM) - Ross Mitchell, His Band and Singers



Count in - 16 counts

Basic Cha Cha, Basic Cha Cha

1-2 Rock forward on R, recover on L
3&4 Cha cha back on R, L, R
5-6 Rock back on L, recover on R
7&8 Cha cha forward on L, R, L (12:00)

Pivot ½ Turn Left, Shuffle Forward, Pivot ½ Turn Right, Shuffle Forward

1-2 Step forward on R, pivot ½ turn left
3&4 Shuffle forward on R, L, R
5-6 Step forward on L, pivot ½ turn right
7&8 Shuffle forward on L, R, L (12:00)

Prissy Walks Forward, Shuffle Forward, Hip Bumps, Hip Bumps

1-2 Prissy walks forward on R, L
3&4 Shuffle forward on R, L, R
5-6 Hip bumps on L, R
7&8 Hip bumps on L, R, L (12:00)

Rocking Chair, Pivot ¼ Turn Left, Cha Cha Cha In Place

1-4 Rock forward on R, recover on L, rock back on R, recover on L
5-6 Step forward on R, pivot ¼ turn left
7&8 Cha cha cha in place (R, L, R) (9:00)

Basic Cha Cha, Basic Cha Cha

1-2 Rock forward on L, recover on R
3&4 Cha cha back on L, R, L
5-6 Rock back on R, recover on L
7&8 Cha cha forward on R, L, R (9:00)

Pivot ½ Turn Right, Shuffle Forward, Pivot ½ Turn Left, Triple Step ½ Turn Left

1-2 Step forward on L, pivot ½ turn right
3&4 Shuffle forward on L, R, L
5-6 Step forward on R, pivot ½ turn left
7&8 Turning ½ turn left triple step on R, L, R (3:00)

Basic Cha Cha, Basic Cha Cha

1-2 Rock back on L, recover on R
3&4 Cha cha forward on L, R, L
5-6 Rock forward on R, recover on L
7&8 Cha cha back on R, L, R (3:00)

Rock, Recover, Cross, Point, Cross Point, Cross Point

1-4 Rock back on L, recover on R, cross L over R, point R to side
5-8 Cross R over L, point L to side, cross L over R, point R to side (3:00)

Start Again

