

Goin' Green

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Improver
編舞者: Pat Esper (USA) - November 2011
音樂: Save Water, Drink Beer - Chris Young



Start dancing on lyrics

PUMP STEP, PUMP STEP, LINDY LEFT, OVER ROTATED ROCK, RECOVER

- 1 Bounce left toes slightly forward
- 2 Step left to side
- 3 Bounce right toes slightly forward
- 4 Step right to side
- 5&6 Chassé side left, right, left
- 7 Rock right back behind the left turning to the right (prepping for a turn)
- 8 Recover to left

ROLLING TURN, SHUFFLE FORWARD, STEP, ½ TURN, SHUFFLE FORWARD

- 1 Step right forward, turn ½ left (weight to left)
- 2 Turn ½ left, step left forward
- 3&4 Chassé forward right, left, right
- 5 Step left forward
- 6 Turn ½ right (weight to right)
- 7&8 Chassé forward left, right, left

KICK-BALL-CROSS, STEP, SLIDE, KICK-BALL-CROSS, STEP, SLIDE

- 1&2 Kick right forward, step right together, cross left over right
- 3 Step right diagonally forward
- 4 Slide/touch left together
- 5&6 Kick left forward, step left together, cross right over left
- 7 Step left to side (can be done as a step forward at an angle)
- 8 Slide/touch right together

TUSH PUSH HEEL SWITCHES, ROCK RECOVER

- 1 Touch right heel forward
- 2& Touch right heel forward, step right together
- 3 Touch left heel forward
- 4& Touch left heel forward, step left together
- 5&6& Touch right heel forward, step right together, touch left heel forward, step left together
- 7 Rock right forward
- 8 Recover to left

COASTER STEP, VINE LEFT, SCUFF ½ TURN, ROCK, RECOVER

- 1&2 Step right back, step left together, step right forward
- 3 Step left to side
- 4 Step right together
- 5 Step left to side and turn ¼ left
- 6 Turn ¼ left and brush right forward
- 7 Rock right forward
- 8 Recover to left

STEP, TURNING SCUFF, ROCK, RECOVER, STEP, CHUG*, STEP, NO WEIGHT STOMP

- 1 Step right forward

- 2 Turn ½ right and brush left forward
- 3 Rock left forward
- 4 Recover to right
- 5 Step left forward
- 6 Hitch right knee and hop left forward
- 7 Step right forward
- 8 Stomp left together (weight to right)

REPEAT
