

Dancing Shoes

拍數: 64 牆數: 2 級數: Improver
編舞者: CH Lim-Naidu - September 2012
音樂: Dancing Shoes by Cliff Richard



Start after 16 counts

(TOE STRUT, TOE STRUT, BACK ROCK, SIDE, HOLD)x2

1 – 4 R toe strut, L toe strut
5 – 8 R rock back recover on L, R step R, hold

1 – 4 L toe strut, R toe strut
5 – 8 L rock back, recover on R, L step L, hold

BACK ROCK, ½ LEFT TURN, HOLD, BACK, RECOVER, FORWARD, HOLD

1 – 2 R rock back, recover on L
3 – 4 Turning ½ L step R back, hold
5 – 6 L step back, recover on R
7 – 8 L step forward, hold

PADDLE, PADDLE, MAMBO

1 – 4 (R step forward, recover on L turning ¼ L) – repeat
5 – 8 R step forward, recover on L, R step together L, hold

BACK ROCK, ½ RIGHT TURN, HOLD, BACK, RECOVER, FORWARD, HOLD

1 – 2 L rock back, recover on R
3 – 4 Turning ½ R step L back, hold
5 – 6 R step back, recover on L
7 – 8 R step forward, hold

PADDLE, PADDLE, MAMBO

1 – 4 (L step forward, recover on R turning ¼ R) – repeat
5 – 8 L step forward, recover on R, L step together R, hold

TOE STRUTS TURNING ½ RIGHT

1 – 2 R toe strut
3 – 4 Turning ¼ R L toe strut
5 – 6 Turning ¼ R R toe strut
7 – 8 L toe strut

OVER, RECOVER, SIDE, HOLD, VINE, TOUCH

1 – 4 R step over L, recover on L, R step R, hold
5 – 8 L step over R, R step R, L step behind R, R touch by L

Cheers & God bless