

# The Best Days

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Maggie Gallagher (UK) - August 2012  
音樂: Best Days of Your Life - Kellie Pickler : (amazon)



Intro: 64 counts (30 secs)

Restarts: -

Wall 2 after 40 counts [6:00]

Wall 5 after 48 counts [9:00]

## S1: STEP SIDE R, CROSS ROCK L/ RECOVER, CHASSE L, CROSS ROCK R, RECOVER, ¼ CHASSE R

1-2-3      Step right to right side, Cross rock left over right, Recover on right  
4&5      Step left to left side, Step right next to left, Step left to left side  
6-7      Cross rock right over left, Recover on left  
8&1      Step right to right side, Step left next to right, ¼ right stepping forward on right [3:00]

## S2: FWD L, ½ PIVOT R, STEP L, SWEEP R, CROSS R, BACK L, SIDE R

2-3      Step forward on left, ½ pivot right [9:00]  
4-5      Step forward on left, Ronde sweep right from back to front  
6-7-8      Cross right over left, Step back on left, Step right to right side

## S3: CROSS L, SWEEP R, CROSS R, BACK L, ROCK BACK R/ RECOVER, ½ SHUFFLE L

1-2      Cross left over right, Ronde Sweep right from back to front,  
3-4      Cross right over left, Step back on left  
5-6      Rock back on right, Recover on left  
7&8      ½ left stepping back on right, Step left next to right, Step back on right [3:00]

## S4: ROCK BACK L/ RECOVER R, ½ SHUFFLE R, ROCK BACK R/ RECOVER, CROSS R, POINT L

1-2      Rock back on left, Recover on right  
3&4      ½ right stepping back on left, Step right next to left, Step back on left [9:00]  
5-6      Rock back on right, Recover on left  
7-8      Cross right over left, Point left to left side

## S5: CROSS L, HITCH R, JAZZ BOX CROSS, SWAY R, BUMP L HITCH

1-2      Cross left over right, Ronde hitch right knee  
3-4      Cross right over left, Step back on left,  
5-6      Step right to right side, Cross left over right  
7-8      Sway right , Bump left to left side hitching right knee across left \*Restart Wall 2

## S6: SIDE R, L BEHIND R, ¼ R, FWD L, ½ PIVOT R, ¼ R STEP L, R BEHIND L, SIDE L

1-2      Step right to right side, Cross left behind right  
3-4      ¼ right stepping forward on right, Step forward on left [12:00]  
5-6      ½ pivot right, ¼ right stepping left to left side [9:00]  
7-8      Cross right behind left, Step left to left side \*\* Restart Wall 5

## S7: R CROSSING SHUFFLE, L SIDE ROCK/ RECOVER, L CROSSING SHUFFLE, R SIDE ROCK/ RECOVER

1&2      Cross right over left, Step left to left side, Cross right over left  
3-4      Rock left to left side, Recover on right  
5&6      Cross left over right, Step right to right side, Cross left over right  
7-8      Rock right to right side, Recover on left

## S8: R SAILOR, L SAILOR, JAZZ BOX CROSS

1&2            Cross right behind left, Step left to left side, Step right to right side  
3&4            Cross left behind right, Step right to right side, Step left to left side  
5-6            Cross right over left, Step back on left,  
7-8            Step right to right side, Cross left over right

**Special Thanks To Michal Smal For Suggesting The Music**

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