

Que Si Que Si Que No

拍數: 104 牆數: 4 級數: Phrased Easy Intermediate
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音樂: Que Sí, Que Sí, Que No - Frank Galan : (CD: La Vida - Beste van 2011)



Dance Sequence : (A,A1,B) ; (A, A2, B); (A, A2, TAG); (A, END)
Start on Vocals - (moving counter-clockwise)

Set A (40 steps)

Side Together Side Cha Cha, Cross Recover, ¼ Left Turn, Hold

1 – 2 Step R to right, step L next to R
3&4 Cha cha to the right stepping R,L,R
5 – 8 Cross L over R, recover on R, turning ¼ left step forward on L, hold (facing 9 o'clock)

Side Together Side Cha Cha, Cross Recover, Step, Hold

9 – 12 Repeat steps 1 to 4
13-16 Cross L over R, recover on R, step L to left, hold (facing 9 o'clock)

Walk Forward (x2), Cha Cha Forward, Step Forward, ½ Turn Right, Step, Hold

17-18 Walk forward R,L
19&20 Cha cha forward R,L,R
21-24 Step forward on L, ½ turn right placing weight on R, step forward on L, hold (3 o'clock)
25- 32 Repeat steps 17 to 24 (end facing 9 o'clock)

Out, Out, In, In

33-36 Step R out to right, step L out to left, step R in/back to centre, step L in/back to centre

Back Mambo

37&38 Step R back, recover on L, step R next to L (weight on R)
39&40 Step L back, recover on R, step L next to R (weight on L)

Set A1 : (36 steps)

1 – 36 Dance the same 1 to 36 steps as in Set A
(Drop the back mambo steps)

Set A2 : (44 steps)

1 -36 Dance the same 1 to 36 steps as in Set A
37-40 Dance the back mambo steps as in Set A
41-44 Repeat the back mambo steps

Set B : (64 steps) (dance when facing 6 o'clock and when facing 12 o'clock)

Shimmy (4X)

1 -2 Shimmy slightly forward to the right twice
3 -4 Shimmy slightly back to the left twice
5 -6 Repeat 1-2
7 -8 Repeat 3 -4

Step Heel Sway

9-10 Step R to right (slight lunge to the right) ,tap L heel
11-12 Step down on L swaying L hip to left, sway R hip to right
13-14 Step L to left (slight lunge to the left), tap R heel
15-16 Step down on R swaying R hip to right, sway L hip to left

17-24 Repeat steps 9 to 16

Out, Out, In, In, Back Mambo

25-28 Step R out to right, Step L out to left, step R in/back to centre, step L in/back to centre

29&30 Step R back, recover on L, step R next to L

31&32 Step L back, recover on R, step L next to R

33 – 64 Repeat steps 1 to 32

Tag : (8 steps) (facing 6 o'clock)

Hip Bumps

1 – 4 Bump R hip to right, hold, bump L hip to left, hold

5 – 8 Bump R hip to right (2X), bump L hip to left (2X)

End : (34 steps)

1 – 32 Dance the same 1 to 32 steps as in Set A

33-34 Stomp R foot, Stomp L foot (facing 12 o'clock)

The dance looks more complicated in writing than it really is.

The dance is choreographed mainly to/around small variations (either dropping or adding to the last 4 steps) to Set A.

Set B is danced when you are facing 6 o'clock and 12 o'clock.

Give it a try! Have fun with the dance

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