

She's Danger

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Jonathan Williamson (UK) - September 2012
音樂: Ready to Go - Lonsdale Boys Club : (Album: Lonsdale Boys Club - Deluxe Version)



Dance start: Start 14 seconds from start of track immediately after the words "I'm ready to go".
Count 16 from words let's go.

Forward Rock, Coaster Step, Front, Side, Sailor ¼ turn

1-2 Rock forward right, recover weight back on left
3&4 Step back right, step left besides right, step forward right
5-6 Touch left forward, touch left to left side
7&8 Turn 1/4 left sweeping left behind right. Step right to right side. Step left to left side

Cross Rock, Chasse ¼ Turn, ½ Turn, ½ Turn Shuffle, Step

1-2 Cross right over left, recover weight back on left
3&4 Step right to right side, step left besides right, ¼ turn right stepping forward right
5-6 ½ turn right stepping back left, ½ turn right stepping forward right
&7-8 Step left besides right, step forward right, step forward left

Forward Rock, Shuffle ½ Turn, ½ Turn, ½ Turn, Shuffle

1-2 Rock forward right, recover weight back on left
3&4 ½ turn right stepping forward right, step left besides right, step forward right
5-6 ½ turn right stepping back left, ½ turn right stepping forward right
7&8 Step forward left, step right besides left, step forward left

Kick Ball Point, Behind, Side, Cross, Rock, Behind, ¼ Turn, Step

1&2 Kick right forward, step right besides left, point left to left side
3&4 Step left behind right, step right to right side, cross left over right
5-6 Step right to right side, recover weight back on left
7&8 Step right behind left, 1'4 turn left stepping forward left, step forward right

Cross, Side, Behind, Sweep, Behind, Side, Cross, Sweep

1-2 Cross right over left, step left to left side
3-4 Step right behind left, sweep left from front to back
5-6 Step left behind right, step right to right side
7-8 Cross left over right, sweep right from back to front

Jazz Box ¼ turn, Cross, Kick Ball Cross x 2

1-2 Cross right over left, Step back left
3-4 ¼ turn right stepping right to right side, cross left over right
5&6 Kick right forward, step right besides left, cross left over right
7&8 Kick right forward, step right besides left, cross left over right

Out, Out, Step, Walk, Walk, Out, Out, Step, Walk, Walk

&1-2 Step right to right side, Step left to left side, step forward right
3-4 Walk forward left, right
&5-6 Step left to left side, step right to right side, step forward left
7-8 Walk forward right, left

Rock, ½ Shuffle, ½ Shuffle, Rock

1-2 Rock forward right, recover weight back on left

3&4 ½ turn right stepping forward right, step left besides right, step forward right
5&6 ½ turn right stepping back left, step right back besides left, step back left
7-8 Rock back right, recover weight forward on left

No Tags, No Restarts.

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