Tell Me Anything

級數: High Improver

編舞者: Tina Argyle (UK) - September 2012

音樂: Under the Sun - Cheryl : (Album: A million Lights, Deluxe - Single)

Count In : 32 counts from start of track

Mambo Forward. Mambo back. Side Rock, Cross. Weave.

1&2 Rock right forward, recover weight onto left. Step back right.

牆數: 4

- 3&4 Rock back onto left, recover weight onto right. Step forward left.
- 5&6 Rock right to right side, recover weight onto left, cross right over left.
- &7 Step left to left side, cross right behind left.
- &8 Step left to left side, cross right over left.

Rhumba Box ¼ Turn & Cross & Heel & Cross & Point

- 1&2 Step left to left side, step right at side of left, Make 1/8th turn left stepping fwd. left to face top left corner
- 3&4 Make 1/8th turn left stepping right to right side (squaring up to 9 o'clock wall), step left at side of right. Step back right.
- &5 Step back onto left to left, Cross right over left.
- &6 Step back onto left. Touch right heel forward to right diagonal
- &7 Step back onto right, cross left over right.
- &8 Step right to right side. Point left toe to left side.

RESTART *** Here on WALL 4 - step left at side of right and RE - START from the beginning of dance ***

Monterey ¼ Turn & Point & Touch, Touch, Point. Sailor ¼ Turn Right. Ball, Slide Forward, Step Together.

- & Step left at side of right.
- 1&2 Touch right to right side. ¼ turn right stepping right at side of left. Touch left to left side. (12 o'clock)
- &3 Step left at side of right. Touch right to right side.
- &4 Touch right forward across left, Touch right to right side.
- 5&6 Cross right behind left, make ¼ turn right stepping left next to right, step forward on right. (3 o'clock)
- &7-8 Step left next to right, Take big step forward onto right. Step left next to right taking weight.

R fwd Rock, Side Rock, Behind, Side, Cross. Side rock Cross ½ Hinge Turn.

- 1& Rock forward right, recover onto left.
- 2& Rock right to right side, recover onto left.
- 3&4 Cross right behind left, step left to left side, cross right over left.
- 5&6 Rock left to left side, recover weight onto right, cross left over right.
- 7 8 1/4 turn left stepping back right, 1/4 turn left stepping left to left side. (9 0'clock)





拍數: 32