

# Stepping Out

拍數: 48      牆數: 2      級數: Improver  
編舞者: Lisa Hillman (SWE) - September 2012  
音樂: Stepping Out 'N' Going - The Kingbees



Start dancing after 24 counts (9 sec)

## Section 1: Shuffle RF forward, Shuffle LF forward, Step ½ turn, stomp, Clap (06.00)

1&2      RF step forward, LF step beside RF, RF step forward  
3&4      LF step forward, RH step beside LF, LF step forward  
5678      Step RF forward, turn ½ left, weight on LF, RF stomp beside LF, Clap (weight on LF)

## Section 2: Chasse to right, rock recover, Chasse to left, rock recover (06.00)

1&2      Step RF to right, Step LF beside RF, Step RF to Right  
34      LF rock behind RF, Recover weight to RF  
5&6      Step LF to Left, Step RF beside LF, Step LF to Left  
78      RF rock behind LF, Recover weight to LF

## Section 3: Step out out diagonally, step in in (back in place) Step forward, Turn ¼, stomp, Clap (03.00)

12      RF step out/forward Right diagonally, LF step out/forward Left diagonally  
34      RF step back in, LF step back in  
5678      Step RF forward, turn ¼ to left, RF stomp beside LF, Clap (weight on LF)

## Section 4: Dwight Swivels, Rock recover, behind, side (03.00)

1      Swivel Left heel Right touching Right toe beside Left foot.  
2      Swivel Left toe Right touching Right heel diagonally forward Right.  
3      Swivel Left heel Right touching Right toe beside Left foot.  
4      Swivel Left toe Right touching Right heel diagonally forward Right.  
5678      RF rock to Right, Recover to left, RF behind LF, LF step to Left (\*)

## Section 5: Cross, Hold, Rock ¼, Hold, Full turn (06.00)

1-2      Cross RF over LF, Hold  
34      LF rock turn, ¼ to right(step forward with RF)  
56      LF step forward, Hold  
78      Turn ½ step RF back (12), Turn ½ step LF forward (6)

## Section 6: Toe strut, Toe strut, Rocking chair (06.00)

12, 34      Step RF toe/heel, LF toe/heel  
5678      RF rock forward and recover to LF, RF rock back and recover to LF

\*2 restarts: Dance 2 walls and on the 3rd and 6th walls, after section 4 - you'll start over.

Dance and have fun!

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