

# You Are Not Alone

COPPERKNOB  
STEPPERS

拍數: 32      牆數: 2      級數: Novice - NC  
編舞者: Lone Darling (DK) - September 2012  
音樂: You Are Not Alone - Michael Jackson



## Basic Step R, Step Side, Step Back x3, Coaster Step, Full Turn

1            RF step out to the side  
2            LF step behind RF, 3. position  
&            RF cross over LF  
3            LF step out to the side  
4            RF step diagonal back (1.30)  
&            LF step diagonal back (1.30)  
5            RF step diagonal back (1.30)  
6            LF step diagonal back (1.30)  
&            RF step together  
7            LF step diagonal forward (1.30)  
8            RF ½ step back, turn left (7.30)  
&            LF ½ step forward (1.30)

## Step Forward Sweep, Cross, Step Back, Step Side Sweep, Cross, Step Back, Basic Step R, Step Side, Cross Step, Step Side

1            RF step diagonal forward, sweep with LF  
2            LF cross over RF  
&            RF step back  
3            LF step out to the side, sweep forward RF  
4            RF cross over LF  
&            LF step back  
5            RF step out to the side  
6            LF step behind RF, 3. position  
&            RF cross over LF  
7            LF step out to the side  
8            RF cross over LF  
&            LF Step out to the side

\* (Restart)

## Rock Diagonal, Recover, ¼ Step, Cross, Unwind, Step Forward, Lockstep, Step Forward, ½ Turn

1            RF rock diagonal forward left (10.30)  
2            LF recover  
&            RF ¼ step forward (3.00)  
3            LF cross over RF  
4,&            RF unwind full turn (3.00)  
5            LF step forward  
6            RF step forward  
&            LF lock back RF  
7            RF step forward  
8            LF step forward  
&            RF turn ½ right (9.00)

## Walk Forward X3, Step Forward, ½ Turn, Big Step Forward, Full Turn, ¼ Basic Step L

1            LF step forward  
2            RF step forward  
3            LF step forward

4 RF step forward  
& LF ½ turn left (3.00)  
5 RF big step forward  
6 LF ½ step back , turn right (9.00)  
& RF ½ step forward (3.00)  
7 LF ¼ step out to the side (6.00)  
8 RF step behind LF, 3. position  
& LF cross over RF

**Tag: 4 counts after wall 3**

**Basic Step R, Basic Step L**

1 RF step out to the side  
2 LF step behind RF, 3. position  
& RF cross over LF  
3 LF step out to the side  
4 RF step behind LF, 3. position  
& LF cross over RF

**\* Restart: after the first 16 counts on wall 6.**

**The end**

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