

# You Are Not Alone

COPPERKNOB  
STEPSHEETS

拍數: 32                      牆數: 2                      級數: Novice - NC  
編舞者: Lone Darling (DK) - September 2012  
音樂: You Are Not Alone - Michael Jackson



## Basic Step R, Step Side, Step Back x3, Coaster Step, Full Turn

1                      RF step out to the side  
2                      LF step behind RF, 3. position  
&                      RF cross over LF  
3                      LF step out to the side  
4                      RF step diagonal back (1.30)  
&                      LF step diagonal back (1.30)  
5                      RF step diagonal back (1.30)  
6                      LF step diagonal back (1.30)  
&                      RF step together  
7                      LF step diagonal forward (1.30)  
8                      RF ½ step back, turn left (7.30)  
&                      LF ½ step forward (1.30)

## Step Forward Sweep, Cross, Step Back, Step Side Sweep, Cross, Step Back, Basic Step R, Step Side, Cross Step, Step Side

1                      RF step diagonal forward, sweep with LF  
2                      LF cross over RF  
&                      RF step back  
3                      LF step out to the side, sweep forward RF  
4                      RF cross over LF  
&                      LF step back  
5                      RF step out to the side  
6                      LF step behind RF, 3. position  
&                      RF cross over LF  
7                      LF step out to the side  
8                      RF cross over LF  
&                      LF Step out to the side

\* (Restart)

## Rock Diagonal, Recover, ¼ Step, Cross, Unwind, Step Forward, Lockstep, Step Forward, ½ Turn

1                      RF rock diagonal forward left (10.30)  
2                      LF recover  
&                      RF ¼ step forward (3.00)  
3                      LF cross over RF  
4,&                      RF unwind full turn (3.00)  
5                      LF step forward  
6                      RF step forward  
&                      LF lock back RF  
7                      RF step forward  
8                      LF step forward  
&                      RF turn ½ right (9.00)

## Walk Forward X3, Step Forward, ½ Turn, Big Step Forward, Full Turn, ¼ Basic Step L

1                      LF step forward  
2                      RF step forward  
3                      LF step forward

4 RF step forward  
& LF ½ turn left (3.00)  
5 RF big step forward  
6 LF ½ step back , turn right (9.00)  
& RF ½ step forward (3.00)  
7 LF ¼ step out to the side (6.00)  
8 RF step behind LF, 3. position  
& LF cross over RF

**Tag: 4 counts after wall 3**

**Basic Step R, Basic Step L**

1 RF step out to the side  
2 LF step behind RF, 3. position  
& RF cross over LF  
3 LF step out to the side  
4 RF step behind LF, 3. position  
& LF cross over RF

**\* Restart: after the first 16 counts on wall 6.**

**The end**

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