

Yesterday (once more)

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Tony Wilson (USA) - September 2012
音樂: Yesterday Once More - Carpenters : (Album: Carpenters Gold or the 1991 remix)



A tribute to The Carpenters and their Choir Director Frank Pooler

4 count intro

SIDE HOLD & FWD SIDE, SIDE HOLD & BACK SIDE

1-2 Step R to right side, hold
&3-4 Step L next to R, step R forward, step L to left side
5-6 Step R to right side, hold
&7-8 Step L next to R, step R back, step L to left side 12 O' Clock
(Option for counts 2 and 6 ...drag L towards R)

FWD RL BACK 1/2 TURN, 1/4 SIDE BEHIND 1/4 FWD 1/4 SIDE

9-10 Step R forward, step forward pressing L
11-12 Recover on R in place, turn 1/2 left on R step L forward
13-14 Turn 1/4 left step R to right side, step L behind R
15-16 Turn 1/4 right step R forward, turn 1/4 right step L to left side 9 O' Clock

BEHIND REC SIDE DRAG, & CROSS SIDE BEHIND 1/4 TURN

17-18 Step R behind L, recover on L in place
19-20 Step R to right side, drag L towards R
&21-22 Step L behind R, cross R over L, step L to left side
23-24 Step R behind L, turn 1/4 left step L forward 6 O' Clock

FWD R BACK SHUFFLE 1/2 TURN, SHUFFLE FWD 3/4 TURN

25-26 Step forward pressing R, recover on L in place
27&28 Turn 1/2 right shuffling RLR
29&30 Shuffle forward LRL
31-32 Turn 1/4 left on L step R to side, turn 1/2 left on R step L to left side 3 O' Clock

Start again

AT THE END OF WALL 4 FACING FRONT DANCE 8 COUNTS EXTRA:

1-2, 3&4 Step R to side, step L next to R, shuffle forward RLR
5-6, 7&8 Step L to side, step R next to L, shuffle back LRL

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