

You're The First, The Last, My Everything

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Novice
編舞者: Marie-Pierre Bouissou (FR) - September 2012
音樂: You're the First, the Last, My Everything - Barry White



ROCK FORWARD, SHUFFLE ½ TURN RIGHT, LEFT ROCK STEP, LEFT CROSS SHUFFLE

1-2 Rock step right over left foot – weight on left foot
3&4 shuffle right with ½ turn right (R,L,R)
5-6 Left rock step on the left – Weight on right foot
7&8 Cross left foot over right – Step right on right side – cross left foot over right foot

RIGHT HEEL, LEFT HEEL, POINT BACK ½ TURN, LEFT ROCK STEP FORWARD, COASTER STEP

1&2 Right heel forward – Right foot next left foot – Left heel forward
&3-4 Left foot next right foot – Right point behind left foot- Make ½ turn right
5-6 Left Rock step forward – weight on right foot
7&8 Coaster step : Left Step back – Right foot next left foot – Left step forward

RIGHT STEP, ½ TURN, LEFT SHUFFLE, RIGHT ROCK STEP FORWARD, RIGHT SHUFFLE ¼ TURN

1-2 Make a right big step – Left ½ turn with left hook over
3&4 Left shuffle – (L, R, L)
5-6 Right CrossRock step over left foot – Weight on left foot
7&8 Right shuffle with right ¼ turn (R,L,R)

LEFT & RIGHT POINT FORWARD, SCUFF HITCH BACK, COASTER STEP

1&2 Left point on Left side – Left foot next right foot – Right point on right side
&3&4 Right foot next left foot – Left heel forward – Left foot next right foot – Right heel forward
5&6 Right Scuff – Right Hitch – Right step back
7&8 Coaster step PG : Left step back – Left foot next right foot – Left step forward

TAG : At the end of 4th and 8th wall :

LEFT & RIGHT POINT FORWARD, SCUFF HITCH BACK, COASTER STEP

1&2 Right point on right side – Right foot next left foot – Left point on Left side
&3&4 Left foot next right foot – Right heel forward – Right foot next Left foot – Left heel forward
&5&6 Left foot next right foot - Right Scuff – Right Hitch – Right step back
7&8 Coaster step PG : Left step back – Left foot next right foot – Left step forward