

Got An Ex?

拍數: 32 牆數: 4 級數: Beginner
編舞者: Cef Decaney (USA) - September 2012
音樂: Ex-Old Man - Kristen Kelly



Dance starts 16 counts into the music

WEAVE RIGHT, ROCK AND CROSS, HOLD

1-2-3-4 Step Rt to Rt side, Step Left behind Rt, Step Rt to Rt side, Cross Left in front of Rt
5-6-7-8 Rock Rt to Rt Side, Step back onto Left, Cross Rt over Left, Hold

WEAVE LEFT, ROCK AND CROSS, HOLD

1-2-3-4 Step Left to Left side, Step Rt behind Left, Step Left to Left side, Cross Rt in front of Left
5-6-7-8 Rock Left to Left Side, Step back onto Right, Cross Left over Rt, Hold

TOE-HEEL, HEEL-TOE, TOE HEEL, HEEL-TOE

1-2-3-4 Step Rt toe forward, Step down on Rt heel, Step Left heel forward, Step down on Left toe
5-6-7-8 Step Rt toe forward, Step down on Rt heel, Step Left heel forward, Step down on Left toe

¼ TURN LEFT, ¼ TURN LEFT, JAZZ BOX WITH ¼ TURN RIGHT

1-2-3-4 Step Rt foot forward, Pivot ¼ turn to left (weight on left), Step Rt foot forward, Pivot ¼ turn left
(weight on left)
5-6-7-8 Step forward onto Rt, Cross Left over Rt, Step back onto Rt making ¼ turn right, step left
next to right

Restart dance

Last Revision - 14th September 2012
