Don't Be A Stick In The Mud



拍數: 48 牆數: 2 級數: High Beginner

編舞者: Elizabeth Scott (SCO) - September 2012

音樂: Stick in the Mud - Gilbert O'Sullivan



Intro: 32 counts

SECTION 1: RIGHT TOGETHER, RIGHTSHUFFLE FORWARD, REPEAT ALL ON LEFT (Worked diagonally into corners)

1-2	Step right into right diagonal,. Step left diagonally to it.
3&4	Step forward right. Close left beside right. Step forward right.
5-6	Step left into left diagonal Step right diagonally to it.
7&8	Step forward left. Close right beside left. Step forward left.

SECTION 2: STEP RIGHT BACK SLIDE LEFT TO IT (X2), SLIDE LEFT BACK, SLIDE RIGHT TO IT (X2)

1-2	Step right diagonally back right. Slide/drag left to right.
3-4	Step right diagonally back right. Slide/drag left to right.
5-6	Step left diagonally back left. Slide/drag right to left.
7-8	Step left diagonally back left. Slide/drag right to left.

SECTION 3: JAZZ BOX 1/4 TURN RIGHT (X2)

1-2	Cross right over left, step back on left.
3-4	Step right ¼ turn right. Step left to right.
5-6	Cross right over left, step back on left.
7-8	Step right ¼ turn right. Step left to right.

SECTION 4: JUMP FORWARD & BACK (WITH CLAPS), HIP BUMPS X2

1-2	Jump forward right, left and clap
3-4	Jump back left, right and clap
5-8	Hip bumps right, left, right, left

SECTION 5: VINE RIGHT WITH KICK, VINE LEFT WITH KICK

1-2	Step right to right side. Cross step left behind right.
3-4	Step right to right side. Kick left across in front of right.
5-6	Step left to left side. Cross step right behind left.
7-8	Step left to left side. Kick right across in front of left.

RESTART: WALL 3 (6 O'CLOCK) & WALL 6 (12 O'CLOCK) (Therefore leaving out Section 6)

SECTION 6: SIDE STEP RIGHT, KICK LEFT, SIDE STEP LEFT, KICK RIGHT X 2

1-2	Step right to right side Kick left across in front of right.
3-4	Step left to left side. Kick right across in front of left.
5-6	Step right to right side Kick left across in front of right.
7-8	Step left to left side. Kick right across in front of left.