

Bryggedansen

COPPER **KNOB**
STEPSHETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Adrian Helliker (FR) & Marie Sørensen (TUR) - September 2012
音樂: "Bryggedansen" by Scandinavia



Intro: 32 Counts - No tags, no restart !

TOE STRUT RIGHT, LEFT, ROCK, RECOVER, WALK BACK RIGHT, LEFT

1-2 Tap right toe fwd, drop right heel
3-4 Tap left toe fwd. drop left heel
5-6 Rock fwd. right, recover
7-8 Walk back right, left (12:00)

SHUFFLE FORWARD X2, SIDE, BEHIND, ¼ TURN WALK, WALK

1&2 Step fwd. right, step left beside right, step fwd. right
3&4 Step fwd. left, step right beside left, step fwd. left
5-6 Step right to right side, cross left behind right
7-8 ¼ turn right, step fwd. right, step fwd. left (3:00)

JAZZ BOX, CROSS WITH HOLDS

1-2 Cross right over left, hold
3-4 Step back on left, hold
5-6 Step right to right side, hold
7-8 Cross left over right, hold (03:00)

DIAGONAL ROCK, RECOVER, SHUFFLE ½ TURN, STEP, LOCK, STEP LOCK, STEP

1-2 Rock right diagonal fwd. right, recover
3&4 ¼ turn right, step right to right side, step left beside right, ¼ turn right, step fwd. right
5-6 Step forward on left, lock right behind left
7&8 Step forward on left, lock right behind left, step forward on left (09:00)

Have Fun!

Contacts:-

Adrian Helliker - adrianhelliker@aliceadsl.fr

Marie Sørensen - sunshinecowgirl1960@gmail.com - www.sunshine-cowgirl-linedance.dk