

Sweet Goodbye

COPPER KNOB
BY STEPHEN

拍數: 92 牆數: 4 級數: Intermediate
編舞者: Christine Collins (AUS) - August 2012
音樂: Sweet Goodbye - Jetty Road : (Album: Far Away Places)



Original Position: Feet Together Weight On The Left Foot. Anti Clockwise

[1-8] Side, Behind, Side, Across, Side Strut, Back, Rock

1,2,3,4 Step R To The Side, Step L Behind Right, Step R To The Side, Step L Across In Front Of Right
5,6,7,8 Strut : Step R Toe To The Side, Drop R Heel To The Floor, Step L Back, Rock Forward Onto R. (12:00)

[9-16] Side, Behind, Side, Across, Side Strut, Back, Rock

1,2,3,4 Step L To The Side, Step R Behind Left, Step L To The Side, Step R Across In Front Of Left
5,6,7,8 Strut : Step L Toe To The Side, Drop L Heel To The Floor, Step R Back, Rock Forward Onto L. (12:00)

[17-24] Forward, Lock, Forward, Scuff, Forward, Lock, Forward, Scuff

1,2,3,4 Step R Forward, Lock L Behind Right, Step R Forward, Scuff L Forward
5,6,7,8 Step L Forward, Lock R Behind Left, Step L Forward, Scuff R Forward. (12:00)

[25-32] Mambo Forward, Hold, Back, Back, Back, Hold

1,2,3,4 Mambo : Step R Forward, Rock Back Onto L, Step R Back, Hold
5,6,7,8 Step L Back, Step R Back, Step L Back, Hold. (12:00)

[33-40] Coaster Step, Hold, 1/4 Paddle, Across, Hold

1,2,3,4 Coaster : Step R Back, Step L Together, Step R Forward, Hold
5,6,7,8 Paddle : Step L Forward, Turn 90? Right Take Weight Onto R, Step L Across In Front Of Right, Hold (3:00)

[41-48] Rumba Forward, Hold, Rumba Forward, Hold

1,2,3,4 Step R To The Side, Step L Together, Step R Forward, Hold
5,6,7,8 Step L To The Side, Step R Together, Step L Forward, Hold (3:00)

[49-56] Side, Hold, Side, Hold, 1/2 Forward, Hold, Forward, Hold

1,2,3,4 Step R To The Side, Hold, Step L To The Side, Hold
5,6,7,8 Turn 180? Right Step R Forward, Hold, Step L Forward, Hold (9:00)

[57-64] Side, Touch, Side, Touch, Heel, Hook, Heel, Touch

1,2,3,4 Step R To The Side, Touch L Toe Together, Step L To The Side, Touch R Toe Together.
5,6,7,8 Touch R Heel Forward, Hook R Heel To Left Knee, Touch R Heel Forward, Touch R Toe Together (9:00) #

[65-72] Side, Together, 1/4 Forward, Hold, Mambo Forward, Hold

1,2,3,4 Step R To Right Side, Step L Together, Turn 90? Right Step R Forward, Hold
5,6,7,8 Step L Forward, Rock Back Onto R, Step L Back, Hold (12:00)

[73-80] Strut Back, Strut Back, Coaster Step, Hold

1,2,3,4 Strut : Step R Toe Back, Drop R Heel To The Floor, Strut : Step L Toe Back, Drop L Heel To The Floor ##
5,6,7,8 Coaster : Step R Back, Step L Together, Step R Forward, Hold (12:00)

[81-88] 1/2 Pivot, Forward, Hold, Full Turn, Forward, Hold

1,2,3,4 Step L Forward, Turn 180? Right Take Weight Onto R, Step L Forward, Hold (6:00)
5,6,7,8 Turn 180? Left Step R Back, Turn 180? Left Step L Forward, Step R Forward, Hold (6.00)

[89-92] 1/4 Paddle, Across, Touch

1,2,3,4 Paddle : Step L Forward Turn 90? Right Take Weight Onto R, Step L Across In Front Of
Right, Touch R Toe Together. (9.00)

Repeat

Restart 1: On Wall 1 Dance To Beat 64 (#) & Restart To 9.00

Restart 2: On Wall 3 Dance To Beat 64 (#) & Restart To 3.00

Restart 3: On Wall 5 Dance To Beat 64 (#) Slow Down Beats 65-76 (##) Hold For 8 Beats & Restart To 12.00

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