

# Holding Everything

拍數: 32      牆數: 2      級數: Intermediate  
編舞者: Vikki Morris (UK) - September 2012  
音樂: Holding Everything - Randy Owen : (CD: One on One)



**Start: 16 counts on the word "Beats"**

**Basic NC2 R, Step L, Behind Side Step Sweep L, Cross L, ¼ L Stepping Back R, L Side Together, Sway L**

1 2&3      Large Step to Right, Rock back on Left, Recover on Right, Step Left to Left side  
4&5      Cross Right behind Left, Step Left to Left side, Cross step Right in front of Left as you sweep  
Left out and around in front of Right  
6 7      Cross Left over Right, Turn ¼ turn Left stepping back with Right (9 o clock)  
8&1      Step Left to Left side, Step Right to Left foot, Stepping Left sway Left

**Sway R, L Diagonal L Coaster Step, Rock R, Recover, R Diagonal Rock L Recover, Step L**

2      Sway onto Right  
3&4      Turning body to Left diagonal, Step back Left, Step Right to Left foot, Step forward Left (7.30)  
5 6&      Rock forward Right, Recover on Left, Step Right to Right side  
7 8&      Turning body to Right diagonal, Rock forward Left, Recover on Right, Step Left next to Right  
(10.30)

**Walk R, Step ½ Pivot R, Spiral Turn R, Step Forward R, L Mambo Step, R Coaster Step, Sweep L**

1      Straightening up to 9 o clock, Step forward Right (9 o clock)  
2 3      Step forward Left, Pivot ½ turn Right (3 o clock)  
4 5      Step forward Left and turn a full turn Right as you loosely hook Right across Left Shin , Step  
forward Right  
6&7      Rock forward Left, Recover on Right, Step back Left  
8&1      Step back Right, Step Left to Right foot, Step forward Right as you sweep Left out and  
around in front of Right

**Forward L Sweep R, Cross R, ¼ Turn R Stepping Back L, Cross L, Sway R L, Hitch R, R Chasse**

2 3      Step forward Left as you sweep Right out and around in front of Left, Cross Right over Left  
4&5      Turn ¼ turn Right stepping back on Left, Step Right to Right side, Cross Left over Right (6 o  
clock)  
6 7      Stepping Right sway Right , Sway Left as you hitch Right slightly in front of Left knee  
8&      Step Right to Right side, Step Left foot to Right

**(1) Large Step to Right Side (this is count 1 of the dance)**

**Tag 1: at the end of wall 2 facing 12 o clock is the first 6 counts of the dance + 2 extra counts**

**Basic NC2 R, Step L, Behind Side Cross Sweep L, Cross L, Step R, Cross L Behind R**

1 2&3      Large Step to Right, Rock back on Left, Recover on Right, Step Left to Left side  
4&5      Cross Right behind Left, Step Left to Left side, Cross Right over Left as you sweep Left out  
and around in front of Right  
6 7      Cross Left over Right, Large step Right to Right Side  
8      Cross Left behind Right

**Tag 2: at the end of wall 5 facing 6 o clock**

**Basic NC2 R, , Basic NC2 L**

1 2&      Large step to Right, Rock back on Left, Recover on Right,  
3 4&      Large step to Left, Rock back on Right, Recover on Left

**Happy Dancing**

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