

# Back It Up

拍數: 32      牆數: 2      級數: Intermediate  
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音樂: Back It Up - Caro Emerald



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## Walk x2, 3/4 chase turn L, syncopated weave R, 1/4 turn R.

1-2            Step forward on Rf, step forward on Lf  
3&4           Step forward on Rf, make a 1/2 turn pivot L (weight ends on Lf), make a 1/4 turn L and step Rf to R side  
5&6&        Cross Lf behind Rf, step Rf to R side, cross Lf over Rf, step Rf to R side  
7-8           Cross Lf behind Rf, make a 1/4 turn R and step forward on Rf

## 1/2 chase turn R, 1/2 turn L x2, 1/4 turn L bump to R, 1/2 turn L bump to L.

1&2           Step forward on Lf, make a 1/2 turn pivot R (weight ends on Rf), step forward on Lf  
3-4           Make a 1/2 turn L and step back on Rf, make a 1/2 turn L and step forward on Lf  
5-6           Make a 1/4 turn L and touch Rf to R side at the same time bump hip up to R, step down onto Rf  
7-8           Make a 1/2 turn L and touch Lf to L side at the same time bump hip up to L, step down onto Lf

## Cross, back, side, x2, Walk x2, out, out, in, cross.

1&2           Cross Rf over Lf, step back on Lf, step Rf to R side  
3&4           Cross Lf over Rf, step back on Rf, step Lf to L side  
5-6           Step forward on Rf, step forward on Lf  
7&8&        step Rf to R side, Step Lf to L side, Step Rf into centre, cross Lf over Rf

## 1/4 turn R, step forward, pivot 1/2 turn R, 1/2 turn R stepping back, walk back x3, close.

1-2           Make a 1/4 turn R and step forward on Rf, step forward on Lf  
3-4           Make a 1/2 turn pivot R (weight ends on Rf), make a 1/2 turn R and step back on Lf  
5-6           Step back on Rf, step back on Lf  
7-8           Step back on Rf, close Lf next to Rf

**(Feel free to add you own styling to the walk backs)**

**Start again.**

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