

My Ladies Rhumba

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Wanda Heldt (AUS) - September 2012
音樂: Hear My Song - Bouke



Split floor suggestions [No Tags etc.] Walk On / Amane / Burlesque / Don't say goodbye / Kiss Me Honey / Mexi-Fest / Midnight Mix, / Besame macho / Rio / Walk On

With All Shook Up by Elvis [A very Easy & FUN 8 ct. **Tag] on Walls 1, 3,6,9
Dream Lover by Jason Donovan - will fit most music.....

WALK FORWARD R.L.R., KICK, WALK BACK L.R.L, TOUCH

1-4 Walk forward Right, Left, Right. Kick Left forward.
5-8 Walk back Left, Right, Left, Touch Right next to Left. Tag: on Wall 3, 6, 9,

RIGHT & LEFT - SIDE, TOGETHER, SIDE, TOUCH [use hips]

1-4 Step Right to Right side, Step Left together, Step Right, Touch Left next to Right.
5-8 Step Left to Left side, Step Right together, Step Left, Touch Right next to Left.

RHUMBA BOX [Basic]

1-2 Step Right to Right side, Step Left next to Right.
3-4 Step back on Right, hold (sway hip to right)
5-6 Step Left to left, Step Right next to Left.
7-8 Step forward on Left, hold (sway hip to left) Tag: on Wall 1

RIGHT DIAGONAL HIPS R.L.R.HOLD 2 x 1/4 PADDLE TURNS RIGHT

1-4 Step Right to Right diag. and Rock hips Forward, Back, Forward, Hold [Wt.on R]
5-6 Step forward on Left turn 1/4 Right, Recover weight on Right. [3:00]
7-8 Step forward on Left turn 1/4 Right, Touch Right next to Left [Wt. on L]. [6:00]

Restart dance... HAVE FUN IN LIFE & IN DANCE

**** TAG for ALL SHOOK UP.....My Beginners & seniors love this.**

STEP OUT, OUT, EXTEND LEFT HAND, SLAP RIGHT HAND TO WAIST, HIP ROLLS

1-4 Step Right out, Step Left out, extend left hand out to left side palm facing forward, Slap Right Palm to waist and [Grunt Unh!!] if so wish..
5-8 Roll Hips [Elvis Hips]

**** TAG for DREAM LOVERMy Class love this also**

1-4 Step Right to Right, Slide Left toe next to Right, Hip Bump R.L.
5-8 Step Left to Left, Slide Right toe next to Left Hip bumps L.R.

Repeat above 8ct. again.. Restart the dance from S.1..... HAVE FUN :-)

Email:- silverstarwa@gmail.com - 0403 536 163

Last Update – 10th Jan. 2019