

Double Rocker (P)

拍數: 32 牆數: 0 級數: Intermediate Partner
編舞者: Wanda Ryder & Charles Ryder - September 2012
音樂: Rockaway (The Rockin' Chair Song) - Kellie Pickler : (iTunes)



Based on choreography by Peter Metelnick & Alison Biggs

Intro 16 counts. - Two restarts as noted on 4th and 7th time through the dance.

Indian position, facing OLOD. Weight on left. Same footwork for man and lady.

R SIDE TOGETHER SIDE, ROCK BACK, RECOVER, FULL TURN RIGHT

1-4 Step R to side, step L together, step R to side, rock back on L (Drop lady's left hand.)
5-8 Recover to R, beginning full turn. Step L ¼ right (RLOD), step R ½ right (FLOD), step L ¼
 right to complete turn (OLOD). (Pick up lady's left hand)

Restart here after the first 8 counts the 7th time through the dance. You will hear it in the music.

RIGHT BEHIND, ¼ TURN LEFT W/DIP, R SHUFFLE FWD, ROCK, RECOVER, STEP L BACK AND HOOK R.

1-2 Step R behind L, (dip) turn ¼ left stepping forward on L.
3&4 R shuffle forward
5-6 Rock L forward, recover to R
7&8 Step L back and hook R over L.

Restart here 4th time through the dance. Dance the first section of 8 then dance 1-6 of section 2 and on count 7 step L ¼ right turn (OLOD) and touch with R on count 8. Restart.

R FORWARD, BRUSH L, ROCK, RECOVER, ½ SHUFFLE LEFT TURN, ¼ STEP TURN LEFT

1-2 Step R forward, brush L forward.
3-4 Rock L forward, recover to R (Drop lady's right hand)
5&6 Shuffle turn ½ left stepping L, R, L (RLOD)
7-8 Step R forward, pivot ¼ left stepping on L. (OLOD) (Pick up lady's right hand)

CROSS STEP R OVER L, STEP L TO SIDE, CROSS SHUFFLE, SIDE ROCK, RECOVER, BEHIND STEP CROSS

1-2 Step R over L, step L to side
3&4 Cross shuffle R over L stepping R,L,R
5-6 Rock L to side, recover to R
7&8 Step L behind R, step R to side, cross L over R.