

# Roly Poly

**COPPER** KNOB  
STEPSHEETS

拍數: 64                      牆數: 2                      級數: Easy Intermediate  
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音樂: Roly-Poly - T-ara



Start after 64 counts - Sequence: 64 , 64, tag(4), 64, 64 Bridge(32), 64, 32

## (TAP HEEL TWICE, SAILOR STEP) 2 TIMES

1 – 2                      Tap R heel diagonally R twice  
3&4                      R step behind L, L step L, R step R  
5 – 6                      Tap L heel diagonally L twice  
7&8                      L step behind R, R step R, L step L

## SIDE, TOUCH, SIDE, TOUCH, SIDE, KNEE BOUNCING, KICK

1 – 4                      R step R, L touch by R, L step L, R touch by R  
5 – 8                      R step R, leaning to the R bounce R knee & shimmy shoulders, L kick diag L  
  
1 – 4                      L step L, R touch by L, R step R, L touch by R  
5 – 8                      L step L, leaning to the L bounce L knee & shimmy shoulders, R kick diag R

## JAZZ BOX POINT, BEHIND, POINT, BEHIND POINT

1 – 4                      R step over L, recover on L, R step R, L point L  
5 – 8                      L step behind R, R point R, R step behind L, L point L

## WALK FORWARD, ½ TURN, OUT OUT, HEELS, TOES, HEELS

1 – 4                      Walk forward L-R-L, turn ½ R (6.00)  
5 – 6                      L step out, R step out  
7&8                      Swivel heels in, toes in, heels in

## FORWARD, ¼ L, BACK, UNWIND ½ R

1 – 2                      R step forward, recover on L turning ¼ L (3.00)  
3 – 6                      Walk back R-L-R-L  
7 – 8                      R step behind L, unwind ½ R (9.00)

## WALK BACK, ¼ R TURN, SLIDE

1 – 4                      Walk back R-L-R-L  
5 – 8                      L step forward, slide R to L, ¼ R turn step R, slide L to R (12.00)

## FORWARD, TURN-SLIDE, TURN, SLIDE, SWAY, KICK

1 – 2                      L step forward, slide R to L turning ¼ R  
3 – 4                      Turning ¼ R step R forward, slide L to R  
5 – 8                      Sway L-R-L, kick R

## BRIDGE:

### (FORWARD, TURN-FLICK, SHUFFLE) TWICE

1 – 2                      R step forward, turning ½ L flick R back  
3&4                      Shuffle forward R-L-R  
5 – 6                      L step forward, turning ½ R flick L back  
7&8                      Shuffle forward L-R-L

### (VINE, FLICK) TWICE

1 – 4                      R step over L, L step L, R step behind L, L flick L  
5 – 8                      L step over R, R step R, L step behind R, R flick R

**(CROSS POINT) 4 TIMES**

1 – 4 R step over L, L point L, L step over R, R point R

5 – 8 R step BEHIND L, L point L, L step BEHIND R, R point R

**SWAY, HOLD, SWAY, HOLD, SWAY**

1 – 4 R sway R, hold, L sway L, hold

5 – 8 Sway R-L-R-L

**TAG:**

1 – 2 R long step R, slide L to R

3 – 4 L long step L, slide R to L

**Cheers & God bless.**

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