

Back Atcha!

COPPER KNOB
BY STEPHEN T. S.

拍數: 32 牆數: 4 級數: Improver
編舞者: Norma Jean Fuller (USA) - July 2011
音樂: Them Lips (On Mine) - Trace Adkins : (CD: Them Lips - On Mine - Single)



Alt. music: Blue Monday - Huey Lewis & The News, CD: Huey Lewis & The News Four Chords & Several Years Ago

WIZARD STEPS, ROCK RECOVER SHUFFLE ½ RIGHT

1-2& R step forward slight diagonal L, step left behind right, step right to side,
3-4& L step forward slight diagonal R, step right behind left, step left
5-6 Rock Right forward, Recover back on Left
7&8 Shuffle ½ turn right, Right, Left, Right (6:00)

LEFT DIAGONAL HIP SWAYS, L STEP ½ TURN LEFT STEPPING L, R, SHUFFLE ½ TURN LEFT

1-4 Left forward with flexed knees @ Rt diagonal sway hips forward, back, forward, back
5-6 Left step ¼ turn left, Right step back ¼ turn left (12:00)
7&8 Shuffle ½ turn left, Left, Right, Left (6:00)

SYNCOPATED WEAVE, LEFT STEP ¼ LEFT, R STEP FORWARD, SHUFFLE FORWARD

1-2& R step right, L step behind right, R step right,
3-4 Left cross step over right; R step right at left diagonal
5-6 Left step ¼ turn left, Right step forward (9:00)
7&8 Shuffle left right left slightly forward (Option: Shuffle full turn CW forward)

VINE ½ TURN RIGHT, STEP RIGHT, LEFT CROSS STEP, SWAY RIGHT LEFT

1-2 Right step right, Left step behind right
3-4 Right step ¼ right, Left step ¼ right
5-6 Right step right, Left cross step over right
7-8 Sway right, Left

Repeat
