

Shake It All Night

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Iliane Raiza van der Graaf (NL) - September 2012
音樂: Girls Love to Shake It - Love and Theft : (CD: Love And Theft)



Intro: 32 counts

STEP BACK, ¼ TURN LEFT STEP FORWARD, ¼ TURN LEFT CHASSE, CROSS, ¼ TURN LEFT STEP BACK, CHASSE

- 1 step back on right
- 2 make ¼ turn left, step forward on left
- 3 make ¼ turn left, step right to the right side
- & step left next to right
- 4 step right to the right side
- 5 cross left over right
- 6 make ¼ turn left, step back on right
- 7 step left to the left side
- & step right next to left
- 8 step left to the left side [3:00]

CROSS, SIDE STEP, SAILOR STEP, CROSS, SIDE STEP, BEHIND, SIDE STEP, CROSS

- 9 cross right over left
- 10 step left to the left side
- 11 step right behind left
- & step left to the left side
- 12 step right to the right side
- 13 cross left over right
- 14 step right to the right side
- 15 step left behind right
- & step right to the right side
- 16 step left over right [3:00]

SIDE TOE STRUT, ¾ TRIPLE TURN LEFT, ROCK FORWARD, RECOVER, SHUFFLE ½ TURN RIGHT

- 17 touch right toes to the right side
- 18 drop heel
- 19 make ¼ turn left, step left next to right
- & make ¼ turn left, step right in place
- 20 make ¼ turn left, step left in place [6:00]
- 21 rock forward on right
- 22 recover onto left
- 23 make ¼ turn right, step right to the right side
- & step left next to right
- 24 make ¼ turn right, step forward on right [12:00]

STEP FORWARD, PIVOT ½ TURN RIGHT, SHUFFLE FORWARD, STEP FORWARD, PIVOT ½ TURN LEFT, STEP FORWARD, PIVOT ¼ TURN LEFT

- 25 step forward on left
- 26 pivot ½ turn right
- 27 step forward on left
- & step right next to left
- 28 step forward on left [6:00]
- 29 step forward on right

- 30 pivot ½ turn left
- 31 step forward on right
- 32 pivot ¼ turn left [9:00]

CROSS, SIDE STEP, BEHIND, SIDE STEP, CROSS, ¼ TURN RIGHT STEP BACK, ¼ TURN RIGHT SIDE STEP, CROSS SHUFFLE

- 33 cross right over left
- 34 step left to the left side
- 35 step right behind left
- & step left to the left side
- 36 cross right over left
- 37 make ¼ turn right, step back on right
- 38 make ¼ turn right, step right to the right side
- 39 cross left over right
- & step right to the right side
- 40 cross left over right [3:00]

¼ TURN LEFT STEP BACK, ½ TURN LEFT STEP FORWARD, SHUFFLE FORWARD, ROCK FORWARD, RECOVER, COASTERSTEP

- 41 make ¼ turn left, step back on right
- 42 make ½ turn left, step forward on left
- 43 step forward on right
- & step left next to right
- 44 step forward on right [6:00]
- 45 rock forward on left
- 46 recover onto right
- 47 step back on left
- & step right next to left
- 48 step forward on left

STEP FORWARD, PIVOT ¼ TURN LEFT, CROSS SHUFFLE, ¼ TURN RIGHT STEP BACK, ¼ TURN RIGHT SIDE STEP, CROSS SHUFFLE

- 49 step forward on right
- 50 pivot ¼ turn left
- 51 cross right over left
- & step left to the left side
- 52 cross right over left [3:00]
- 53 make ¼ turn right, step back on left
- 54 make ¼ turn right, step right to the right side
- 55 cross left over right
- & step right to the right side
- 56 cross left over right [9:00]

SIDE ROCK, RECOVER, BEHIND, SIDE STEP, CROSS, SIDE STEP, TOGETHER WITH SHIMMY, SIDE STEP, TOUCH TOGETHER WITH SHIMMY

- 57 rock right to the right side
- 58 recover onto left
- 59 step right behind left
- & step left to the left side
- 60 cross right over left
- 61 step left to the left side
- 62 step right next to left, shimmy shoulders
- 63 step left to the left side
- 64 touch right next to left, shimmy shoulders

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