

What's The Plan

拍數: 48 牆數: 2 級數: High Improver
編舞者: Sue Smyth (UK) - September 2012
音樂: Good Time Comin' On - Jana Kramer



16 count intro

RIGHT SCISSOR CROSS, LEFT SCISSOR CROSS, SIDE BEHIND AND CROSS SIDE

1&2 Right scissor cross
3&4 Left scissor cross
5-6 Right to right side, step left behind right
&7-8 Step right to right side,(&), cross left over right, step right to right side

LEFT SAILOR ¼ TURN LEFT, RIGHT KICK OUT OUT, BUMP LEFT BUMP RIGHT

1&2 Left sailor ¼ turn left, weight on left (9 o'clock)
3&4 Kick right foot fwd, step down on right left
5-6 Bump hips left and right, weight on right (use hands to sway left and right if you wish)
7&8 Left rock back recover on right, step left to left side

BEHIND SIDE CROSS, SIDE ROCK AND CROSS, SIDE BEHIND, SHUFFLE ¼ TURN TO RIGHT

1&2 Right behind, left to left side, cross right over left
3&4 Left side rock, recover on right, cross left over right
5-6 step right to right side, cross left behind right
7&8 shuffle ¼ turn to right on R L R (12o'clock)

CROSS UNWIND ½ TURN, CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

1-2 Cross left over right, unwind ½ turn right (keeping weight on right)
3&4 Cross left over right, step right to right side, cross left over right
5-6 Rock right to right side, recover weight on left
7&8 Cross right over left, step left to left side, cross right over left

WALK BACK, BACK, CROSS BACK, LEFT COASTER STEP BACK, FULL TURN (OR WALK)

1-4 Step back on left, step back on right, cross left over right, step back on right
5&6 step back on left, step right beside left, step fwd on left
7-8 Full turn left on R L (alt walk fwd R L)

RIGHT ROCK RECOVER & LEFT ROCK RECOVER, LEFT COASTER STEP BACK, & LEFT STOMP HITCH RIGHT

1 2 & Rock fwd on right, rec on left, step back on right
3-4 Rock fwd on left, rec on right
5&6 Step back on left, step right beside left, step fwd on left
& 7 8 Step on right (&), stomp left foot fwd, hitch right leg, weight remains on left (clap if you wish to)