

Ba De Ya

拍數: 32 牆數: 4 級數: Newcomer - Non Country
編舞者: Sophie Archimbaud (FR) - August 2012
音樂: September - Earth, Wind & Fire



Count in : 40 counts intro

GRAPEVINE LEFT, TOUCH, HIP BUMP UP & DOWN X2

1 2 3 Step left to left side, cross right behind left, step left to left side
4 Touch right next to left
5 6 Touch right foot forward bumping right hip up, bump right hip down slightly bending knees
7 8 Bump right hip up, bump right hip down slightly bending knees
(option on counts 5-6-7-8 : raise right arm in the air, down, raise right arm in the air, down in « disco style »)

GRAPEVINE RIGHT WITH SIDE CHASSE, JAZZ BOX ¼ TURN, CHASSE LEFT

1 2 Step right to right side, cross left behind right
(option : ¼ turn right stepping right forward, ½ turn right stepping left back, ¼ turn right)
3&4 Step right to right side, left next to right, step right to right side
5 6 Cross left in front of right, step back left with ¼ turn left (facing 9.00)
7&8 Step left to left side, right next to left, step left to left side

¼ TURN HIP BUMP, ½ TURN HIP BUMP, ¼ TURN, KICK SIDE, BOOGIE WALKS

1 2 ¼ turn left (facing 6.00) & touch right to side with hip bump, step right in place
3 4 ½ turn left (facing 12.00) & touch left foot to side with bump, step left in place with ¼ turn left (facing 9.00)
(claps in the air on counts 1 and 3)
5&6 Kick right to right diagonal, step right next to left (&), step forward on left (rolling knee to left)
7 8 Step forward right (rolling knee to right), step forward left (rolling knee to left)

HIP BUMP, ½ TURN & HIP BUMP, WALK WALK, RUN X3

1 2 Touch right forward with hip bump, step right in place
3 4 ½ turn left touching left forward (facing 3.00) with bump, step left in place
5 6 Step forward right, step forward left (option : ½ turn left stepping back right, ½ turn left stepping forward left)
7&8 Step forward right, step forward left, step forward right and start again