

16 Tons

拍數: 32 牆數: 4 級數: Beginner
編舞者: Rob Fowler (ES) & Debbie Ellis (ES) - July 2012
音樂: 16 Tons - LeAnn Rimes



Toe Strut, Toe Strut, Rock Step Drag Kick

1,2 Right toe strut forward,
3,4 Left toe strut forward
5,6 Rock forward onto right, recover back onto left foot
7,8 Long step back onto right foot, kick left forward

Slow Coaster Step, ¼ Turn Left, Grapevine Right

1,2 step back onto left foot, step right together
3,4 Step forward onto left foot, ¼ turn to left hitching right knee
5,6 Step right to right side, step left behind right,
7,8 Step right to right side, touch left foot next to right

Side Touch, Side Touch Grapevine, Rolling Turn Left

1,2 Step left to left side, touch right toe diagonally to the left (heel turned slightly inwards)
3,4 Step right to right side, touch left next to right
5,6 ¼ turn to left stepping forward onto left, ½ turn left stepping back onto right
7,8 ¼ turn to left stepping left to left side, touch right foot next to left

Clap Stomp, Hold, Step ½ Pivot Right, x3 Knee Rolls Forward & Brush

&1,2 Clap hands, Stomp right foot forward, hold
3,4 Step forward left, ½ pivot turn right
5,6 Step forward onto left foot rolling left knee anti clockwise, step forward right, roll right knee clockwise
7,8 Step forward onto left foot, rolling left knee ant clockwise, brush right foot forward

TAG: End of Second wall

1-4 Step forward onto right foot, click, ½ turn left, click
5-8 Step forward onto right foot, click, ½ turn left, click

End of Dance
