

I'm Cap with Bass and Drum (Bom Bom)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Matthew Grocott (UK) - August 2012
音樂: Bom Bom - Sam and the Womp



Intro: 11 Counts:

S1: Rock, Recover, R Hitch, R Coaster Step, Rock, Recover, L Hitch, L Coaster Step

1& Rock forward on right, Recover back on left
2 Hitch Right knee
3&4 Step back on right, Step left next to right, Step forward on right,
5& Rock forward on left, Recover back on right
6 Hitch left knee
7&8 Step back on left, Step right next to left, Step forward on left,

S2: R Full Monterey Turn,

1-2 Point right toe to right side, Making 1/2 turn to right stepping right next to left,
3-4 Point left toe to left side, Step left next to right,
5-6 Point right toe to right side, Making 1/2 turn to right stepping right next to left,
7-8 Point left toe to left side, Step left next to right,

S3: Dorothy Steps X2, R Shuffle Back, L Shuffle Back,

1&2 Step right forward to right diagonal, Lock left behind right, Step right slightly forward on right,
3&4 Step left forward to left diagonal, Lock right behind left, Step left slightly forward on left,
5&6 Step right back to right diagonal, Step left next to right, Step right back on right,
7&8 Making 1/8 turn to right stepping back on left, Step right next to left, Step back on left,

S4: R Grapevine, Touch, L Grapevine, Touch, 1/4 Jazz Box, Step, Hold,

1&2 Step right to right side, step left behind right, Step right to right side,
& Touch left next to right,
3&4 Step left to left side, Step right behind left, Step left to left side,
& Touch right next to left,
5&6 Cross right over left, Making 1/4 turn right stepping back on left, Step right to right side,
7 Step forward on left,
8 Hold,

Start dance Again:

Restart: On Wall 5 After 24 Counts, Restart The dance again.