

Oppa Gangnam

COPPER KNOB
BY STEPHEN HETS

拍數: 112
編舞者: Steven Ooi - September 2012
音樂: Gangnam Style - PSY

牆數: 2

級數: Phrased Improver



A (64), Restart A (32), B (16) & Hold 4 counts for "Oppa gangnam Style", Restart A (32), C (32),
Repeat All Restart A (32), C(32) & Hold 8 counts for "Oppa gangnam Style", C(32)...till END

Start 32 counts from First Hard Beat

Part A (64 counts)

{1-8} Side, Recover, Scissor Cross Lt, Jump Feet Apart, Cross, Point, Step Back & Together

1 2 Step Rt side, Recover on Lt (move forward)

&34 Rt together Lt cross, Jump both feet apart front (Weight on Left)

(Rt hand out cross when Rt side together Lt, Lt Hand Cross over Rt when Scissors Cross Lt, Both hands down when Jumping both feet apart)

5 6 7 8 Cross Rt over Lt, Point Lt, Step Lt back, Step Rt together (12 o'clock)

{9-16} Side, Recover, Scissor Cross Rt, Jump Feet Apart, Cross, Point, Step Front & Together

1 2 Step Lt Side, Recover on Rt (move back)

&34 Lt together Rt Cross, Jump both feet apart back (Weight on Right)

(Lt hand out cross when Lt side together Rt, Rt Hand Cross over Lt when Scissors Cross Rt, Both hand down when Jumping both feet apart)

5 6 7 8 Cross Lt behind Rt, Point Rt, Step Rt front, Step Lt together (12 o'clock)

{17-24} Walk right, Walk left, Step 1/4 cross, Side, Behind, Side, Cross Shuffle

1-2 Walk forward Rt, Walk forward Lt

3&4 Step forward Rt, Make 1/4 turn Lt, cross Rt over Lt (9 o'clock)

&5-6 Step Lt side, Cross Rt behind Lt, Step Lt side

7&8 Cross Rt over Lt, Step Lt side, Cross Rt over Lt

{25-32} Back Rock, Kick Ball Cross, Monterey 1/2 Turn Lt, Side Switches

1-2 Rock back with Lt, Recover onto Rt

3&4 Kick Lt foot forward to Rt diagonal, step Lt next to Rt, cross step Rt over Lt

5-6 Point Lt to the Lt, make a 1/2 turn Lt stepping Lt next to Rt (3 o'clock)

7&8 Point Rt to the Rt, Step Rt next to Rt, Point Lt to the Lt.

{33-40} Heel and heel, Point Switch and Point, Kick Ball Change, Behind, Side, Cross

1&2 Place Lt heel forward, Step Lt next to Rt, Place Rt heel forward

3&4 Point Rt to Rt, Step Rt next to Lt, Point Lt to Lt side

5&6 Kick Lt foot forward, Step Lt next to Rt, Step Rt Forward

7&8 Cross Lt behind Rt, Step Rt to Rt side, Cross Lt over Rt

{41-48} Step 1/2 Turn Lt, Step 1/4 Turn Lt, Step Cross, Hitch, Back, Point

1-2 Step forward Rt, Pivot 1/2 Turn Lt

3-4 Step forward Rt, Pivot 1/4 Turn Lt (6 o'clock)

5-6 Step Rt across Lt, Hitch Lt

7-8 Step Back on Lt, Point Rt to Rt Side

{49-56} Cross Side, Sailor Step, Jazz Box Touch

1-2 Cross Rt over Rt, Step Lt to Lt Side

3&4 Cross Rt Behind Lt, Step Lt to Lt Side, Step Rt to Rt Side

5-8 Cross Lt over Rt, Step Back on Rt, Step Lt to Lt Side, Touch Rt next to Lt

{57-64} Cross Rock Rt Recover, Rt Chasse, Cross Rock Lt Recover, Lt Chasse,

1-2 Rock R over L, recover on L
3&4 Right side chasse R-L-R
5-6 Rock L over R
7&8 Left side chasse L-R-L

Part B (16 counts) :

{1-8} Jazz Box ¼ turn Lt Chasse , Jazz Box Sailor ¼ turn Touch

1-2 Cross Lt over Rt, Recover Rt,
3&4 ¼ turn Lt chasse L-R-L
5-6 Cross Rt over Lt, Recover Lt,
3&4 ¼ turn Rt stepping Rt behind Lt, step Lt beside Rt, Touch Rt beside Lt

{9-16} Lt Heel Grind, Step back ¼ turn, Lt Chasse, Rt Heel Grind, Step back ¼ turn , Rt Chasse

1-2 Lt Heel Grind, Step back ¼ turn Lt
3&4 Step L-R-L
5-6 Rt Heel Grind, Step back ¼ turn Rt
7&8 Step R-L-R

Part C (32 counts) :

First 8 counts x2

1& Twist Rt ankle Rt, Twist Rt ankle Lt
2& Twist Lt ankle Lt, Twist Lt ankle Rt
3&4 Twist Rt ankle Rt, Twist Rt ankle Lt, Twist Rt ankle Rt
5& Twist Lt ankle Lt, Twist Lt ankle Rt
6& Twist Rt ankle Rt, Twist Rt ankle Lt
7&8 Twist Lt ankle Lt, Twist Lt ankle Rt , Twist Lt ankle Lt

2nd 8 counts (Gangnam Horse style) x2

1-2 Jump Rt, Jump Lt
3-4 Jump Rt X2 (Jump Rt X2, Rt hand in the air circle twice)
5-6 Jump Lt, Jump Rt
7-8 Jump Lt X2 (Jump Lt X2, Lt hand in the air circle twice)

“ Namo Horengengyo”

“ Enjoy Dancing, Enjoy Life ”
