

Free Ride

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2
編舞者: Séverine Fillion (FR) - July 2012
音樂: Free Ride - The JaneDear Girls

級數: Easy Intermediate



* Choreography dedicated to Cristina from Italy ! *

Intro : 32 counts

[1-8] SIDE, BEHIND, SIDE TRIPLE, CROSS, TOE TOUCH & STOMP-UP x 2

1-2 Right step to right side, left cross behind right
3&4 Right step to right, left next to right, right step to right
5-6 Cross step left over right, touch right toe just behind left
& 7-8 Recover on right (&), Stomp-up left next to right x 2 (keep weight on right)

[9-16] SIDE, BEHIND, SIDE TRIPLE, CROSS, TOE TOUCH & STOMP-UP x 2

1-2 Left step to left side, right cross behind left
3&4 Left step to left, right next to left, left step to left
5-6 Cross step right over left, touch left toe just behind right
& 7-8 Recover on left (&), Stomp-up right next to left x 2 (Keep weight on left)

[17-24] HEEL SWITCH, 1/4 TURN, TOE TOUCHES BACK, ROCKING CHAIR, STOMP, KICK 1/4 TURN

1&2 Touch right heel fwd, recover on right, touch left heel fwd
& ¼ turn left stepping left next to right 9 :00
3-4 Touch right toe cross behind left X 2
5& Rock step right fwd, recover on left
6& Rock step right back, recover on left
7-8 Stomp right next to left, ¼ turn right with right kick fwd 12 :00

[25-32] COASTER STEP 1/4 TURN, TRIPLE 1/4 TURN, SAILOR STEP, SCUFF, HITCH, STOMP FWD

1&2 Right ball back, left next to right, 1/4 turn right stepping right fwd 3 :00
3&4 Triple step left – right – left to left side ¼ turning right 6 :00
Option for 3&4 : Triple step Full Turn & ¼ (1/2 turn right stepping left back, ½ turn right stepping right fwd, ¼ turn right stepping left to left side)

* Restart here on wall 3

5&6 Right cross behind left, left to left, right to right
7&8 Scuff left fwd, Hitch left, Stomp left fwd

Start again and enjoy !

RESTART : On wall 3 at 6 :00, after 28 counts