

Is It True?

拍數: 32 牆數: 4 級數: Improver
編舞者: Gaye Teather (UK) - August 2012
音樂: Is It True - Dave Sheriff : (CD: Work Of Art - iTunes)



32 count intro - Dance rotates in CCW direction

Walk forward x 2. Shuffle forward. Step. Pivot quarter turn Right. Cross shuffle

1 – 2 Walk forward Right. Left
3&4 Step forward on Right. Step Left beside Right. Step forward on Right
5 – 6 Step forward on Left. Pivot quarter turn Right (Facing 3 'clock)
7&8 Cross Left over Right. Step Right to Right side. Cross Left over Right

Quarter turn Left. Half turn Left. Shuffle forward. Left Rocking Chair

1 – 2 Quarter turn Left stepping back on Right. Half turn Left stepping forward on Left (Facing 6 o'clock)
3&4 Step forward on Right. Step Left beside Right. Step forward on Right
5 – 6 Rock forward on Left. Recover onto Right
7 – 8 Rock back on Left. Recover onto Right

Step. Pivot half turn Right. Shuffle forward. Full turn Left (travelling forward). Step. Kick

1 – 2 Step forward on Left. Pivot half turn Right (Facing 12 o'clock)
3&4 Step forward on Left. Step Right beside Left. Step forward on Left
5 – 6 Half turn Left stepping back on Right. Half turn Left stepping forward on Left (Facing 12 o'clock)

Non-turning option: Walk forward Right. Left

7 – 8 Step forward on Right. Kick Left forward

Walk back x 2. Quarter turn Left Coaster step. Heel switches x 3. Clap twice

1 – 2 Walk back Left. Right
3&4 Quarter turn Left stepping back on Left. Step Right beside Left. Step forward on Left (Facing 9 o'clock)
5&6& Touch Right heel forward. Step Right beside Left. Touch Left heel forward. Step Left beside Right
7&8 Touch Right heel forward. Hold and clap twice

Start again
