Is It True?

拍數: 32	牆數: 4	級數: Improver

編舞者: Gaye Teather (UK) - August 2012

音樂: Is It True - Dave Sheriff : (CD: Work Of Art - iTunes)

32 count intro - Dance rotates in CCW direction

Walk forward x 2. Shuffle forward. Step. Pivot quarter turn Right. Cross shuffle

1 – 2	Walk forward Right. Left
3&4	Step forward on Right. Step Left beside Right. Step forward on Right
5 – 6	Step forward on Left. Pivot quarter turn Right (Facing 3 'clock)
7&8	Cross Left over Right. Step Right to Right side. Cross Left over Right

Quarter turn Left. Half turn Left. Shuffle forward. Left Rocking Chair

1 – 2	Quarter turn Left stepping back on Right. Half turn Left stepping forward on Left (Facing 6 o'clock)
3&4	Step forward on Right. Step Left beside Right. Step forward on Right
5 – 6	Rock forward on Left. Recover onto Right
7 – 8	Rock back on Left. Recover onto Right

Step. Pivot half turn Right. Shuffle forward. Full turn Left (travelling forward). Step. Kick

1 – 2	Step forward on Left. Pivot half turn Right (Facing 12 o'clock)
3&4	Step forward on Left. Step Right beside Left. Step forward on Left
5 – 6	Half turn Left stepping back on Right. Half turn Left stepping forward on Left (Facing 12 o'clock)

Non-turning option: Walk forward Right. Left

7 – 8	Step forward on Right. Kick Left forward

Walk back x 2. Quarter turn Left Coaster step. Heel switches x 3. Clap twice

1 – 2	Walk back Left. Right
3&4	Quarter turn Left stepping back on Left. Step Right beside Left. Step forward on Left (Facing 9 o'clock)
5&6&	Touch Right heel forward. Step Right beside Left. Touch Left heel forward. Step Left beside Right
7&8	Touch Right heel forward. Hold and clap twice

Start again