

Seagulls

拍數: 32 牆數: 4 級數: Advanced
編舞者: Kirsten Matthiessen (DK) & Jannie Tofte Stoian (DK) - August 2012
音樂: Bomba (Radio Edit) (Remix Klass) - Jessy Matador : (iTunes)



Intro: 4 count intro (app. 7 sec. into track)

[1-8] Rock fw, side rock, sailor step, twist, ¼ R, step turn step

1&2& Rock R fw, recover onto L, rock R to R side, recover onto L 12:00
3&4 Cross R behind L, step L to L side, step R to R side 12:00
5-6 Twist upper body to L diagonal stepping onto L, ¼ R stepping R fw 03:00
7&8 Step L fw, turn ½ R stepping onto R, step L fw 09:00

[9-16] Ball rock fw, side switches, swivels, hitch x2

&1-2 Step R next to L, rock L fw, recover onto R 09:00
&3&4 Step L next to R, point R to R side, step R next to L, point L to L side 09:00
5&6& Swivel L heel towards R, swivel L toes towards R, swivel both heels towards R, swivel both
 toes towards R 09:00
7&8 Hitch L up, slightly lower L making ¼ L on R, hitch L up 06:00

[17-24] Ball step, touch, ball rock sweep, behind side cross rock, chasse ¼ R

&1 Step L next to R, step R fw 06:00
2&3-4 Touch L next to R, step down L, rock R fw, recover onto L sweeping R from front to back
 06:00
5&6& Cross R behind L, step L to L side, cross rock R over L, recover onto L 06:00
7&8 Step R to R side, step L next to R, turn ¼ R stepping R fw 09:00

[25-32] ½ R sweep, sailor heel, flick rock, ball heel hook heel step

1-2 Turn ½ R stepping back onto L sweeping R from front to back 03:00
3&4 Cross R behind L, step L to L side, dig R heel fw 03:00
&5-6 Flick R, rock R fw, recover onto L 03:00
&7&8 Step R next to L, dig L heel fw, hook L in front of R, dig L heel fw, step L next to R 03:00

Tags: After wall 1 and 3 repeat counts 28-32. After wall 8 repeat twice.

1-2 Rock R fw, recover onto L
&3&4 Step R next to L, dig L heel fw, hook L in front of R, dig L heel fw, step L next to R

Ending: After wall 10 do the tag to finish the dance off

Good luck & Enjoy!

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