

# If I Was

拍數: 60      牆數: 4      級數: Intermediate  
編舞者: Annelise Jørgensen - November 2011  
音樂: Red Staggerwing - Mark Knopfler & Emmylou Harris



**Intro: 16 counts – 2 tags (after wall 2 and after wall 3)**

## **Step Forward right and left, Kick Ball Cross, 1/4 turn left x 2, Cross Shuffle**

1-2            Step forward on right, Step forward on left  
3&4           Kick right forward, Step right next to left, cross left over right  
5-6           Turn 1/4 left step back on right, turn 1/4 left step left to left side  
7&8           Cross right over left, step left to left side, cross right over left

## **Side Rock, Back side Cross, Side Rock, Sailor 1/4 Turn Right**

1-2            Rock left to left side, Recover on right  
3&4           Cross left behind right, Step right to right side, cross left over right  
5-6           Rock right to right side, recover on left  
7&8           Sweep right behind left making 1/4 right, step left beside right, Step forward on right

## **Rock Forward on Left, Turn 1/4 Left, Hold, Right together, Step Left to Left, Hold, Back Side Cross**

1-2            Rock forward on left, recover to right  
3-4            Stamp left to left side turning 1/4 left, hold  
&5-6          Step right together, stamp left to left side, hold  
7-8            Cross right behind left, Step left to left side, cross right over left

## **Point Left, Step Left In Front Of Right, Point Right, Step Right In Front of Left, Rock Left Forward, Shuffle 1/2 Turn Left**

1-2            Point left to left side, Step left in front of right  
3-4            Point right to right side, Step right in front of left  
5-6            Rock forward on left, recover to right  
7&8            Left shuffle making 1/2 turn left, stepping left right left

## **Heel Grind, Coaster Step, Heel Grind 1/4 Turn Left, Coaster Step**

1-2            Step forward on right heel, turning right toe to right, when recovering onto left  
3&4            Step back on right, step left next to right, step forward on right  
5-6            Step forward on left heel, Turning 1/4 left when recovering onto right  
7&8            Step back on left, step right next to left, step forward on left

## **Easy option 1-2 forward rock , 5-6 forward rock 1/4 turn left**

## **Rock Forward, Full Turn Right, Rock Back, Kick Ball Change**

1-2            Rock forward on right, recover to left  
3-4            Turn 1/2 right, stepping forward on right, turn 1/2 right, stepping back on left  
5-6            Rock back on right, recover to left  
7&8            Kick right forward, step right next to left, change weight to left

## **Easy option 3-4 walk back right, walk back left**

## **Paddle Turn 1/4 left x 2, Jazz box, Step Forward**

1-2            Step forward on right, recover weight turning 1/4 left  
3-4            Step forward on right, recover weight turning 1/4 left  
5-6            Cross right over left, step back on left  
7-8            Step right to right side, Step left forward

## **Step Touch With Clap, Forward and Back**

1-2 Step forward on right, touch left toe beside right, bending knee and clap  
3-4 Step back on left, touch right toe beside left, clap

**Tag here after walls 2 & 3**

**TAG: 16 count at the end of wall 2 & 3**

**Vine Right, Touch, Vine Left, Touch**

1-2 Step right to right, step left behind right  
3-4 Step right to right, touch left toe next to right  
5-6 Step left to left, step right behind left  
7-8 Step left to left, touch right toe next to left

**Pivot ½ Turn Left, Step Forward, Hold & Clap, Pivot ½ Turn Right, Step Forward, Hold & Clap.**

1-2 Step forward on right , pivot ½ turn left  
3-4 Step forward on right, hold and clap  
5-6 Step forward on left, pivot ½ turn right  
7-8 Step forward on left, hold and clap

**Ending: Dance to step 52 on 5 Wall, then do The Jazz Box with a 1/4 turn left.**

**Cross right over left, step back on left. Turn a 1/4 left and step back on right, step left to left side and stretch your hands in The air**

**ENJOY THIS DANCE AND THE FANTASTIC MUSIC**

**Contact: [www.redtown.dk](http://www.redtown.dk)**

---