

If I Was

拍數: 60 牆數: 4 級數: Intermediate
編舞者: Annelise Jørgensen - November 2011
音樂: Red Staggerwing - Mark Knopfler & Emmylou Harris



Intro: 16 counts – 2 tags (after wall 2 and after wall 3)

Step Forward right and left, Kick Ball Cross, 1/4 turn left x 2, Cross Shuffle

1-2 Step forward on right, Step forward on left
3&4 Kick right forward, Step right next to left, cross left over right
5-6 Turn 1/4 left step back on right, turn 1/4 left step left to left side
7&8 Cross right over left, step left to left side, cross right over left

Side Rock, Back side Cross, Side Rock, Sailor 1/4 Turn Right

1-2 Rock left to left side, Recover on right
3&4 Cross left behind right, Step right to right side, cross left over right
5-6 Rock right to right side, recover on left
7&8 Sweep right behind left making 1/4 right, step left beside right, Step forward on right

Rock Forward on Left, Turn 1/4 Left, Hold, Right together, Step Left to Left, Hold, Back Side Cross

1-2 Rock forward on left, recover to right
3-4 Stamp left to left side turning 1/4 left, hold
&5-6 Step right together, stamp left to left side, hold
7-8 Cross right behind left, Step left to left side, cross right over left

Point Left, Step Left In Front Of Right, Point Right, Step Right In Front of Left, Rock Left Forward, Shuffle 1/2 Turn Left

1-2 Point left to left side, Step left in front of right
3-4 Point right to right side, Step right in front of left
5-6 Rock forward on left, recover to right
7&8 Left shuffle making 1/2 turn left, stepping left right left

Heel Grind, Coaster Step, Heel Grind 1/4 Turn Left, Coaster Step

1-2 Step forward on right heel, turning right toe to right, when recovering onto left
3&4 Step back on right, step left next to right, step forward on right
5-6 Step forward on left heel, Turning 1/4 left when recovering onto right
7&8 Step back on left, step right next to left, step forward on left

Easy option 1-2 forward rock , 5-6 forward rock 1/4 turn left

Rock Forward, Full Turn Right, Rock Back, Kick Ball Change

1-2 Rock forward on right, recover to left
3-4 Turn 1/2 right, stepping forward on right, turn 1/2 right, stepping back on left
5-6 Rock back on right, recover to left
7&8 Kick right forward, step right next to left, change weight to left

Easy option 3-4 walk back right, walk back left

Paddle Turn 1/4 left x 2, Jazz box, Step Forward

1-2 Step forward on right, recover weight turning 1/4 left
3-4 Step forward on right, recover weight turning 1/4 left
5-6 Cross right over left, step back on left
7-8 Step right to right side, Step left forward

Step Touch With Clap, Forward and Back

1-2 Step forward on right, touch left toe beside right, bending knee and clap
3-4 Step back on left, touch right toe beside left, clap

Tag here after walls 2 & 3

TAG: 16 count at the end of wall 2 & 3

Vine Right, Touch, Vine Left, Touch

1-2 Step right to right, step left behind right
3-4 Step right to right, touch left toe next to right
5-6 Step left to left, step right behind left
7-8 Step left to left, touch right toe next to left

Pivot ½ Turn Left, Step Forward, Hold & Clap, Pivot ½ Turn Right, Step Forward, Hold & Clap.

1-2 Step forward on right , pivot ½ turn left
3-4 Step forward on right, hold and clap
5-6 Step forward on left, pivot ½ turn right
7-8 Step forward on left, hold and clap

Ending: Dance to step 52 on 5 Wall, then do The Jazz Box with a 1/4 turn left.

Cross right over left, step back on left. Turn a 1/4 left and step back on right, step left to left side and stretch your hands in The air

ENJOY THIS DANCE AND THE FANTASTIC MUSIC

Contact: www.redtown.dk
