

Sorry Momma!

COPPER KNOB
BY STEPHEN

拍數: 56 牆數: 2 級數: Phrased Advanced - Country WCS
編舞者: Jannie Tofte Stoian (DK) - August 2012
音樂: Last Name (Glee Cast Version) (feat. Kristin Chenoweth) - Glee Cast : (iTunes)



Phrasing: A, TAG1, B, TAG1, A, TAG2, B, A20 RESTART, A, TAG2 – HOLD, B, B, B, B

Intro: 16 counts intro. App. 13 seconds into track – start on vocals

A SECTION - VERSE - 24 counts

[1-8] Out out, Knee Pop $\frac{1}{4}$ R, Coaster step lock step, Mambo step, Monterey $\frac{1}{4}$ R

1&2 Step R to R side, step L to L side, pop R knee in 12:00
&3 Return R knee while turning $\frac{1}{4}$ R and stepping down on R, step left next to R 03:00
4&5 Step R back, step L next to R, step R fw 03:00
&6 Lock L behind R, step R fw 03:00
&7& Rock L fw, recover onto R, step L back 03:00
8& Point R to R side, turn $\frac{1}{4}$ R while stepping R next to L 06:00

[9-16] Point together side, Heel lift, Ball point, Rolling vine 1 $\frac{1}{4}$ R, Step touch back heel

1&2 Point L to L side, step L next to R, step R to R side 06:00
&3 Lift both heels off the floor popping knees fw, return heels to floor (weight R) 06:00
4& Step L next to R, point R to R side (prep body toward L) 06:00
5&6 Turn $\frac{1}{4}$ R stepping R fw, turn $\frac{1}{2}$ R stepping L back, turn $\frac{1}{2}$ R stepping R fw 09:00
&7&8& Step L fw, touch R behind L, step R back, dig L heel fw, step L down 09:00

[17-24] Step heel swivels $\frac{1}{4}$ L, Ball point, Vaudeville, Cross turn turn, Mambo touch

1&2 Step R fw, swivel L toward R, swivel R heel toward R completing $\frac{1}{4}$ L (weight R) 06:00
&3 Step L next to R, point R to R side 06:00
4&5& Cross R over L, step L slightly back, dig R heel fw, step R down 06:00
6&7 Cross L over R, turn $\frac{1}{4}$ L stepping R back, turn $\frac{1}{4}$ L stepping L to L side 12:00
&8& Rock R fw, recover onto L, touch R next to L 12:00

B SECTION - CHORUS - 32 counts

[1-8] Step $\frac{1}{4}$ R, Sailor $\frac{1}{4}$ R, Full turn R sweep, Cross, $\frac{1}{4}$ L coaster step lock

1-2 Step R fw, turn $\frac{1}{4}$ R stepping L to L side 03:00
3&4 Cross R behind L, turn $\frac{1}{4}$ R stepping L to L side, step R slightly fw 06:00
&5 Turn $\frac{1}{2}$ R stepping L back, turn $\frac{1}{2}$ R stepping R fw sweeping L around from back to front 06:00
6 Cross L over R 06:00
7&8& Turn $\frac{1}{4}$ L stepping R back, step L next to R, step R fw, lock L behind R 03:00

[9-16] Walk R L, Mambo step, Step $\frac{1}{4}$ R side, Flick, Cross full unwind

1-2 Walk fw R, L 03:00
3&4 Rock R fw, recover onto L, step R back 03:00
&5 Step L back, turn $\frac{1}{4}$ R stepping R big step to R side while sliding L toward R 06:00
&6 Step L next to R while flicking R back 06:00
7-8 Cross R over L, unwind full turn over L shoulder ending with weight on L 06:00

[17-24] Toe heel toe kick, Behind side cross rock, Side rock, Behind side swivels, Back rock

1&2& Touch R next to L, dig R heel diagonally R fw, touch R next to L, kick R diagonally R 06:00
3&4& Cross R behind L, step L to L side, cross rock R over L, recover on to L 06:00
5& Rock R to R side, recover onto L 06:00
6& Cross R behind L, step L to L side (shoulder width apart) 06:00

- 7& Swivel both feet, toes, toward centre, swivel both heels toward centre (weight L) 06:00
8& Rock back on R, recover onto L 06:00

[25-32] Step, Step ½ R step, Full turn sweep, Walk x2, touch

- 1 Step R fw 06:00
2&3 Step L fw, turn ½ R stepping onto R, step L fw 12:00
4&5 Turn ½ L stepping R back, turn ½ L stepping L fw while sweeping R around another ½ L 06:00
6-8 Walk fw R, L, touch R next to L 06:00

TAGS/RESTARTS:

Tag 1 – after 1st A (facing 12:00) and first B (facing 06:00)

- 1& Step R to R side, slide L toward R while turning ¼ L on R and touch L next to R 09:00
2& Step L to L side, slide R toward L while turning ¼ L on L and touch R next to L 06:00
3& Step R to R side, slide L toward R while turning ¼ L on R and touch L next to R 03:00
4& Step L to L side, slide R toward L while turning ¼ L on L and touch R next to L 12:00

Tag 2 – after 2nd A (facing 06:00) and 4th A adding a 2 count hold to the tag (facing 06:00)

- 1& Step R to R side, slide L toward R while turning ¼ L on R and touch L next to R 03:00
2& Step L to L side, slide R toward L while turning ¼ L on L and touch R next to L 12:00
3& Step R to R side, slide L toward R while turning ¼ L on R and touch L next to R 09:00
4& Step L to L side, slide R toward L while turning ¼ L on L and touch R next to L 06:00
5-8 Step R to R side while rolling hips ½ round clock wise to end with weight on L (5-7) touch R next to L (8) 06:00

RESTART: On 3rd A – dance the dance up until count 19. Touch R next to L and restart with A. Facing 06:00

Ending: Dance the last 16 counts up until the cross unwind. Make it a slow unwind to finish at 12:00

Good luck & enjoy!

Contact: jannietofte@gmail.com
