

拍數: 32 牆數: 4 級數: Intermediate
編舞者: John Robinson (USA) - August 2012
音樂: M.A.J.O.R. - My Name Is Kay : (CD: My Name Is Kay EP)



Tag: At the end of the 9th repetition, hold for 2 counts then start again.
Begin 16 counts in with vocals.

TURN 1/4 LEFT, TURN 1/2 LEFT, L COASTER STEP, WALK FORWARD R-L, SYNCOPATED HEEL SWIVEL TURNING 1/2 RIGHT

1,2 [Quarter, half] Turn 1/4 left (9:00) stepping L forward (1), Turn 1/2 left (3:00) stepping R back (2)
3&4 [Coaster step] Step L back (3), Step R next to L (&), Step L forward (4)
5,6 [Walk, walk] Step R forward (5), Step L forward (6)
7&8 [Twist a half] Weight on balls of feet, swivel heels left turning 1/4 right (6:00) (7), Swivel heels right (&), Swivel heels left turning 1/4 right sitting back on L (9:00) (8)

R KICK & L SIDE ROCK & L KICK & R SIDE POINT, R CROSS, L STEP BACK, & R TOGETHER-L STEP FORWARD, TURN 1/4 LEFT RAISING R IN FIGURE 4

1&2& [Kick & rock &] Kick R forward (1), Step R slightly forward (&), Rock L to left side (2), Recover R (&)
3&4 [Kick & point] Kick L forward (3), Step L slightly forward (&), Touch R toe to right side (4)
5,6 [Cross, back] Step R across L (5), Step L back (6)
&7,8 [& Forward, lift] Step R next to L (&), Step L forward (7), Turn 1/4 left (6:00) raising R into figure 4 position (tuck R close to L calf) (8)

R CROSSING TRIPLE, L SYNCOPATED TAPS OUT-SIDE LEAP-TOUCH, R TOUCH OUT-IN-STEP SIDE, L DRAG & R CROSS

1&2 [Cross & cross] Step R across L (1), Step L to left side (&), Step R across L (2)
&3&4 [Tap-tap-step-tap] Tap L next to R (&), Tap L slightly apart from R (3), Step L to left side (&), Tap R next to L (4)

Styling: On count 3, "push" off R when stepping L so you make a slight leap.

5&6 [Out-in-side] Tap R toe to right side (5), Tap R next to L (&), Large step R to right side (6)
7&8 [Drag & cross] Drag L towards R (7), Step ball of L back (&), Step R across L (8)

TURN 1/4 RIGHT, TURN 1/2 RIGHT, L TRIPLE FORWARD, R PRESS FORWARD, RECOVER & L KICK-BALL-STEP FORWARD

1,2 [Quarter, quarter] Turn 1/4 right (9:00) stepping L back (1), Turn 1/2 right stepping R forward (3:00) (2)
3&4 [Triple step] Step L forward (3), Step R next to L (&), Step L forward (4)
5,6 [Press, recover] Press ball of R forward (5), Recover L (6)
&7&8 [& Kick-ball-step] Step R next to L (&), Kick L forward (7), Step ball of L next to R (&), Step R forward (8)

START AGAIN AND ENJOY!

EASY TAG: After completing the 9th repetition, hold for 2 counts (when she giggles) then start the dance again. You'll be facing 3:00 when this occurs.

Contact: JOHN ROBINSON | www.mrshowcase.net
CALL OR TEXT : 609-314-0115 > WRITE : mrshowcase@gmail.com

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