

# Found The Words

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Lisa Waters (UK) - August 2012  
音樂: Runaway - Maroon 5



The dance starts after 32 counts

## Kick And Touch, Chasse, Rock Recover, Sailor Turn

1&2      Kick Right foot forward, Step Right forward, Touch Left behind Right  
3&4      Step Left to left side, Step Right next to Left, Step Left to left side  
5,6      Rock Right across Left, Recover onto Left sweeping Right foot around  
7&8      Cross Right behind Left, Step Left in place, Make a ¼ turn right stepping Right to right side

## Cross Unwind, Chasse ¼ Turn, Mambo, Coaster Step

1,2      Cross Left over Right, Unwind a full turn right ending with weight on Left  
3&4      Step Right to Right side, Step Left next to Right, Step forward on Right making a ¼ turn right  
5&6      Rock forward on Left, Step Right in place, Step Left next to Right  
7&8      Step Right back, Step Left next to Right, Step Right forward

## Cross ¼ Turn, Behind ¼ Turn, Cross ¼ Turn, Sailor Step

1&2      Cross Left over Right, Step back on Right making 1/8 turn left, Make 1/8 turn left stepping Left to left side  
3&4      Cross Right behind Left, Step forward on Left making 1/8 turn left, Make 1/8 turn left stepping Right to right side  
5&6      Cross Left over Right, Step back on Right making 1/8 turn left, Make 1/8 turn left stepping Left to left side  
7&8      Cross Right behind Left, Step Left next to Right, Step forward on Right

## Pivot ½ Turn, Shuffle ½ Turn, Shuffle ½ Turn, Kick And Lock Step

1,2      Step forward on Left, Pivot ½ turn right (weight on Right)  
3&4      Left shuffle making ½ turn right (Step Left, Right, Left)  
5&6      Right shuffle making ½ turn right (Step Right, Left, Right)  
7&8&      Kick Left foot forward, Step Left forward, Lock Right behind Left, Step Left forward

**Optional – The ½ turn shuffles can be danced as 1½ turn shuffles instead**

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