

Wind

拍數: 32 牆數: 2 級數: Improver
編舞者: Moni Hartmann (DE) - August 2012
音樂: The Wind - Zac Brown Band



Start with lyrics

[1 – 8] STEP, STEP, SHUFFLE R, LF ROCK FORWARD, L COASTER STEP

1,2 RF step forward, LF step forward
3 & 4 RF step forward, LF close to RF , RF step forward
5,6 LF step forward, lift RF , weight back on LF
7 & 8 LF step back, RF close to LF , LF step forward

[9 – 16] RF FORWARD, ½ TURN LEFT, SHUFFLE R, LF ROCK FORWARD, COASTER STEP L

1,2 RF step forward, ½ turn left on both feet
3 & 4 RF step forward, LF close to RF, RF step forward
(in 4. round shuffle left and Restart – LF step forward, RF close to LF, LF step forward and restart)
5,6 LF step forward, lift RF , weight back on LF
7 & 8 LF step back, RF close to LF , LF step forward

[17 – 24] RF BEHIND LF, ½ TURN R, SHUFFLE SIDE R, LF CROSS RF; SHUFFLE SIDE L

1,2 RF-toe behind LF , ½ turn right on both feet
3 & 4 RF step right, LF aclose to RF , RF step right
5,6 LF cross in front of RF , lift RF, weight back on RF
7 & 8 LF step left, RF close to LF , LF step left

in 2nd and 6th. rounds - Restart

[25 – 32] SAILOR STEP R, SAILOR STEP L, RF BEHIND LF, ½ TURN R, KICKBALL R, HEEL L

1 & 2 RF cross behind LF, LF small step left, RF small step right
3 & 4 LF cross behind RF, RF small step right, LF small step left
5,6 RF-toe behind LF , ½ turn right on both feet, weight on LF

in 9th round - Restart

7 & 8 RF kick forward, RF close to LF and left heel touch in front

With a little jump, the dance starts again
