

Country Girls

拍數: 32 牆數: 4 級數: Improver
編舞者: Laura Carvill & Eleanor Carvill (UK) - August 2012
音樂: Country Girl (Shake It for Me) - Luke Bryan



[1-8] Walk, Walk, Rock Step, Sweep, Sweep, Coaster Step, ¼ turn

- 1-3& 1) Walk forward on R 2) Walk forward on L 3) Rock forward on R &) Recover on L
4-5 4) Step back on R sweep round with L 5) Step back on L sweep round with R
6&78 6) Step back on R &) Step L beside R (change weight to L) 7) Step forward on R 8) ¼ turn
anti-clockwise over left shoulder (change weight to L)

[9-16] Triple Step, ¼ Turn, ¼ Turn, Triple Step, ¼ Turn

- 1&2 1) Step forward on R &) Step L beside R (change weight to L) 2) Step forward on R
3-4 3) Make a ¼ turn clockwise touching L foot out to L side (keep weight on right) 4) Make a ¼
turn clockwise touching L foot out to L side
5&6 5) Step forward on L &) Step R beside L (change weight to R) 6) Step forward on L
7-8 7) Step forward on R 8) Make a ¼ turn anti-clockwise

[17-24] Touch, Touch, Grapevine

- 1-4 1) Touch R out to diagonal 2) Bring R beside L (change weight to R) 3) Touch L out to
diagonal 4) Bring L beside R (change weight to L)
5&6& 5) Cross R over L &) Step L out to L side 6) Step R behind L &) Step L out to L side
7&8& 7) Cross R over L &) Step L out to L side 8) Step R behind L &) Step L out to L side

[25-32] Cross and unwind, Rock forward, Rock back, Walk, Walk

- 1-4 1) Cross R in front of L 2-4) Unwind ¾ turn anti-clockwise over left shoulder
5&6& 5) Rock forward on R &) Recover on L 6) Rock back on R &) Recover on L
7-8 7) Walk forward on R 8) Walk forward on L

Start Again
