

Handbags and Gladrags

COPPER KNOB
BY SHEETS

拍數: 72 牆數: 2 級數: Advanced
編舞者: Claire Bell (UK) - August 2012
音樂: Handbags and Gladrags - Stereophonics



24 count intro, 20 seconds from start of track (1 count before the vocals)

S1: Side, behind, side, cross, side rock, recover, cross, sway, sway, sailor 1/4 turn, full turn

1,2 Step right to right side, step left behind right
&3&4 Step right to right side, cross left over right, rock right to right side, recover weight on left
&5,6 Cross right over left, step left to left side swaying hips left, sway hips right
7&8&1 Turn 1/4 left stepping left behind right, step right to right side, step left to left side, turn 1/2 left stepping back on ball of right, turn 1/2 left stepping forward on left

Option (Counts &1 step forward on ball of right, step forward on left)

S2: Rock, recover, 1/4 turn, cross, side, behind, sweep, back, sweep, back, side, cross rock, recover, side

2&3 Rock forward on right, recover weight on left, turn 1/4 right stepping right to right side
4&5 Cross left over right, step right to right side, step left behind right
&6&7 Ronde sweep right toe from front to back, step back on right, ronde sweep left toe from front to back, step back on left
&8&1 Step right to right, Cross rock left over right, recover weight on right, step left to left side

S3: Behind, side, cross, side rock, recover, cross, sway, sway, sailor 1/4 turn, full turn

2&3 Step right behind left, step left to side, cross right over left,
&4& Rock left to left side, recover weight on right, cross left over right
5,6 Step right to right side swaying hips, sway left to left
7&8&1 Turn 1/4 right stepping right behind left, step left to left side, step right to right side, turn 1/2 right on ball of left, turn 1/2 right stepping forward on right

Option (Counts &1 step forward on ball of left, step forward on right)

S4: L forward mambo, R coaster cross, L side rock , 1/4 turn, cross, side rock, recover, cross

2&3 Rock left forward, recover weight on right, step left back
4&5 Step back on right, step left next to right, cross right over left
6&7 Rock left to left side, making a 1/4 turn right step forward on right, cross left slightly over right
&8& Rock right to right side, recover weight on left, cross right over left

S5: L Side, back rock, R side, back rock, L forward, step pivot 1/2, 1/2, back rock

1,2& Step left big step to left side, rock right back, recover weight on left
3,4& Step right big step to right side, rock left back, recover weight on right
5,6& Step forward on left, step forward on right, pivot 1/2 turn left
7,8& Turn 1/2 left stepping back on right, rock back on left, recover weight on right

S6: L forward, sweep, cross, side, behind 1/4 turn, sweep, coaster 1/4 turn, R forward, pivot 1/2, R side, L side

1&2 Step forward on left diagonal, ronde sweep toe from back to front, cross right over left
&3& Step left to left side, making a 1/4 left step right behind left (3.o'clock), ronde sweep left toe from front to back
4&5 Making a 1/4 turn left step back on left, step right next to left, step left slightly forward
6&7,8 Step forward on right, pivot 1/2 turn left, step right to right side, step left to left side

S7: R 1/4 rock, recover, side 1/4, back rock, recover, side 1/4, 1/2 turn, back rock, recover, side 1/4, back rock, recover, forward, pivot 1/2, forward

- 1&2& Turn 1/4 right rocking back on right, recover weight on left, Turn 1/4 left stepping right to right side, rock back on left
- 3&4& Recover weight on right, Turn 1/4 right stepping left to left side, Turn 1/4 right stepping forward on right, Turn 1/4 right stepping left to left side (3.o'clock)
- 5&6& Rock back on right, recover weight on left, Turn 1/4 left stepping right to right side, rock back on left
- 7&8& Recover weight on right, Step forward on left, pivot 1/2 right, step forward on left

S8: R cross, point, cross, side, cross, sweep, cross, side, behind, sweep, sailor 1/2, step, pivot 1/2

- 1&2&3 Cross right in front of left, point left to left side, cross left over right, step right to right side, cross left over right
- &4&5 Ronde sweep right toe from front to back, cross right over left, left to left side, cross right behind left
- &6&7 Ronde sweep left toe, turn 1/2 left stepping left behind right, step right to right side, step left to left side
- 8& Step forward on right, pivot 1/2 turn left

S9: R Side, back rock, side, back rock, forward, step pivot 1/2, 1/2, back rock

- 1,2& Step right big step to right side, rock back on left, recover weight on right
- 3,4& Step left big step to left side, rock back on right, recover weight on left
- 5,6& Step forward on right, step forward on left, pivot 1/2 turn right
- 7,8& Turn 1/2 turn right stepping back on left, rock back on right, recover weight on left

TAG After wall 2: R side , back rock, recover, sway, sway, side

- 1,2& Step right to right side, rock back on left, recover weight on right
- 3,4& Swaying hips to left step left to left side, sway hips to right, step left to left side

(Start dance again 1 count before vocals start)

Ending: Dance up to end of section 7 and step forward on right
