

Play It Cool!

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Diane Blairs (UK) - August 2012
音樂: One Thing - One Direction



Intro 40 counts: or Start on vocal: (Shot me)

S1: R&L KNEE POP, KICK, BALL, CHANGE, FWD R, ¼ PIVOT L, HOLD.

1-2-3-4 right knee in, out, (weight on right) left knee in, out, (weight on left)
5&6 kick right fwd, step on the ball of right, step on left, (weight on left)
7-8 step fwd on right, ¼ pivot left, step on left, Hold.

S2: R KNEE POP, BALL, SIDE, TOUCH, JAZZ BOX CROSS.

1 - 2 right knee in, out, step on right,
&3-4 step left beside right, small step right to right side, touch left beside right,
5-6-7-8 cross left over right, step back on right, step left to left side, cross right over left

S3: L&R ¼ SWIVELS WITH TOUCHES, FWD R, STEP L TOG, FWD R, ¼ PIVOT L

1 - 2 (on the ball of right) swivel ¼ left, (weight on right) touch left to right,
3 - 4 (on the ball of left) swivel ¼ right (weight on left) touch right to left,
5 - 6 walk fwd on right, step left beside right,
7 - 8 step fwd on right, ¼ pivot left (weight on left)

S4: CROSS, BACK, SIDE, HOLD, CROSS, RECOVER, SIDE, HOLD.

1 - 2 cross right over left, step back on left,
3 - 4 step right to right side, Hold.
5 - 6 cross left over right, recover on right,
7 - 8 step left to left side, Hold.

S5: CHASSE R, BACK ROCK, R ¼ TURN, L SIDE ROCK, RECOVER, L CHASSE.

1&2 step right to right side, step left beside right, step right to right side,
3 - 4 rock back on left, recover on right,
5 - 6 (on ball of right) ¼ turn right, rock left to left side, recover on right,
7 &8 step left to left side, step right beside left, step left to left side.

S6: STEP FWD R, ½ PIVOT L, CHASSE R, TOUCH L BEHIND, UNWIND ½ L, R SIDE ROCK, RECOVER.

1 - 2 step fwd on right, ½ pivot left, step on left, (weight on left)
3&4 step right to right side, step left beside right, step right to right side,
5 - 6 touch left behind right, unwind ½ left, (weight on left)
7 - 8 rock right to right side, recover on left.

S7: R SHUFFLE FWD, R ¼ TURNING LOCK STEP, SIDE, L SHUFFLE FWD

1&2 step fwd on right, step left beside right, step fwd on right,
3 - 4 ¼ turn right, step back on left, cross right over left,
5 - 6 step back on left, step right to right side,
7&8 step fwd on left, step right beside left, step fwd on left.

(Bridge 32 counts 9:00 wall) at this point. restart

S8: BALL,WALK L&R, STEP FWD L, ¼ PIVOT R, L CROSS SHUFFLE, R SIDE, ROCK.

&1-2 step down on the ball of right ,walk fwd on left, walk fwd on right,
3 - 4 step fwd on left, ¼ pivot right, (weight on right)
5&6 cross left over right, step right to right side, cross left over right,
7 - 8 rock right to right side, recover on left.

BRIDGE: 32 counts.(Danced Once only) on the 9:00 Wall: (Restart)

B1: R SIDE, ROCK, BEHIND, L SIDE, ROCK, L FWD, FWD R, STEP L TOG.

1-2-3 rock right to right side, recover on left, step right behind left.

4-5-6 rock left to left side, recover on right, step fwd on left,

7 – 8 step fwd on right, step left beside right.

B2: L&R STEP, ½ PIVOT, STEP, HOLD X 2

1-2-3-4 step fwd on right ½ pivot left step fwd on right, Hold

5-6-7-8 step fwd on left, ½ pivot right, step fwd on left, Hold.

B3: FIGURE OF 8 WEAVE

1 – 2 step right to right side, step left behind right,

3 – 4 ¼ turn right, step on right, step fwd on left,

5 – 6 ½ pivot right, (on the ball of right) ¼ turn right, step left to left side,

7 – 8 step right behind left, step left to left side.

B4: R ROCKING CHAIR, R JAZZ BOX.

1 – 2 rock fwd on right, recover on left,

3 – 4 rock back on right, recover on left

5 – 6 cross right over left, step back on left

7 – 8 step right to right side, step left to left side.

ENDING: Dance: sections (1.2.3.) (24 counts starting on 12:00 wall: you will be facing 6:00 wall to finish:
