

High Heels

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Jamie Marshall (USA) - August 2012
音樂: High Heels - Courtney Darwin : (iTunes)



16 Count Intro / Sequence: 32, 32, 16, Restart, 32, 32, 32, 8, Tag, Restart

TAP 2X, KICK, COASTER, WALK, WALK, STEP, TURN 1/4 R, CROSS

1&2 Tap R next to L twice (1&), Kick R forward (2)
3&4 Step R back (3), Step L next to R (&), Step R forward (4)
5,6 Step L forward (5), Step R forward (6) (12:00)
7&8 Step L forward (7), Turn ¼ R, stepping R to R (&), Cross L over R (8) (3:00)

¾ TURN L, ROCK, RECOVER, STEP, COASTER, STEP, TOGETHER, FLICK

9,10 Turn ¼ L, stepping R back (9) (12:00), Turn ½ L, stepping L forward (10) (6:00)
11&12 Rock R forward (11), Recover on L (&), Step R next to L (12)
13&14 Step L back (13), Step R next to L (&), Step L forward (14)
15&16 Turn ¼ L, stepping R to R (15) (3:00), Step L next to R (&), Flick R to R

CROSS, STEP, ¼ TURN, POINT WITH LOOK OVER SHOULDER

17,18 Cross R over L (17), Step L to L (18)
19,20 Turn ¼ R, stepping R back (19) (6:00), Point L forward, looking over R shoulder (20) (6:00)
21,22 Step L forward (21), Turn ¼ L, stepping R to R (22) (3:00)
23&24 Cross L behind R (23), Step R to R (&), Step L next to R (24) (3:00)

SIDE ROCK, RECOVERY, SLOW SAILOR, TAP, STEP, PIVOT ½ L, TAP, STEP

25&26& Rock R to R (25), Recover onto L (&), Cross R behind L (26), Rock L to L (&)
27&28& Recover onto R (27), Cross L behind R (&), Step R to R (28), Step L to L (&) (3:00)
29,30 Tap R toe forward as bump hips up, Drop R heel, taking weight (30) (3:00)
31,32 Pivot ½ L, keeping weight on R as tap L forward, bumping hip up (31), Drop L heel, taking weight on L (9:00)

TAG:-

1,2,3,4 Step R to R as sway hips to R (1), Sway hips to L (2), Sway hips to R (3), Sway hips to L (4)

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