

Just Breathe

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate - NC2S
編舞者: Katrin Gäbler (DE) - August 2012
音樂: Breathe - Faith Hill : (Soundtrack The Notebook)



Intro: 16 Counts

ROCK STEP RIGHT, RECOVER, ¼ RIGHT STEP, STEP, FULL TURN LEFT, ROCK STEP, RECOVER, BACK, COASTER CROSS (ROCK)

1-2 Rock forward on right, weight back on left
&3 Step ¼ right on right, step forward on left
4&5 Step ½ left back on right, step ½ left forward on left, step forward on right
6-7 Rock forward on left, weight back on right
8&1 Step back on left, step right next to left, cross left over right (rock) (3.00)

RECOVER & CROSS, ½ TURN RIGHT, CROSS, PRISSY WALK R+L, STEP, PIVOT ¼ LEFT, CROSS

2&3 Weight back on right, step left next to right, cross right over left
4&5 Step left ¼ right back, step right ¼ right aside, cross left over right
6-7 Cross right over left, cross left over right (move forwards)
8&1 Step forward on right, make ¼ turn left on both feet, cross right over left (6.00)

¼ RIGHT, ½, RIGHT, SWEEP, CROSS, SIDE, BACK ROCK & ¼ RIGHT BACK ROCK, TOUCH

2&3 Step ¼ right back on left, step ½ right forward on right, sweep left over right
4&5 Cross left over right, step right to right, cross left behind right (rock)
6&7 Weight back on right, step ¼ right back on left, rock back on right
8& Weight back on left, touch right toe next to left (6.00) *****Restart

BASIC NIGHTCLUB RIGHT, ¼ RIGHT BACK, COASTER STEP, STEP, PIVOT ½ RIGHT, STEP, FULL TURN LEFT

1-2& Step right to right, step left next to right, cross right over left,
3 Step left ¼ right back (9.00)
4&5 Step right back, step left next to right, step right forward
6&7 Step left forward, make ½ turn right on both feet, step left forward
8& Step right ½ left back, step left ½ left forward (9.00)

Restart in wall 4 after count 24 & (3.00)

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