

Xiao Sa Zou Yi Hui

COPPERKNOB
STEPSHEETS

拍數: 80 牆數: 2 級數: Phrased Intermediate
編舞者: Irene (SG) & Roger (SG) - March 2009
音樂: Xiao Sa Zou Yi Hui (瀟灑走一回) - Sally Yeh (葉蓓文)



Intro: 32 Counts. - Sequence: ABB, ABB, BBB.

Part A (1 Wall, 32 Counts)

§1: Stomp x 2, Heel Splits.

1 2 3 4 Stomp fwd R, hold. Stomp L behind R, hold.
5 6 7 8 Heel splits (Out-In-Out-In) (With chest pumping fwd/back/fwd/back)

§2: Cross Mambo Rock x 2, stomps.

1 2 3 Cross R over L, recover L, step R to R
4 5 6 Cross L over R, recover R, step L beside R
7 8 Stomp R. Stomp L in place.

§3: Repeat counts 12345678 in §1.

§4: Repeat counts 12345678 in §2.

Part B (2 Walls, 48 Counts)

§1: R Twinkle, back rock ½ R turn, ½ R turn rock recover

1 2 3 Cross R over L, step L to side, step R in place
4 5 6 Rock back L, recover R, ½ R step back L [6:00]
7 8 ½ R step fwd R, recover L. [12:00]

§2: Side step & touch, step / point x 2.

1 2& Step R to R, hold (clap), close L beside R
3 4 Touch R toe to R, hold (clap)
5 6 Step R in place, point L toe to L
7 8 Step L in place, Point R toe to R.

(Optional: Body roll to R & L on counts 5678.)

§3: Modified Cruising R.

1 2 3 Step R to R, cross L behind R, ¼ R step fwd R [3:00]
4 5 6 Step fwd L, step fwd R, pivot ½ L [9:00]
7 8 Step fwd R, ¼ R step L beside R. [12:00]

§4: Reverse rocking chair, back step / point, step / point.

1 2 3 4 Rock back R, recover L, step fwd R, recover L.
&5 6 Step back R, step back L, point R toe to R
7 8 Step R in place, point L toe to L.

(Swing R arm in circular clockwise direction on count 7, and straighten R arm up diagonally R with L hand place on hip on count 8.)

§5: Step pivot ½ R turn, step, hold; step pivot ½ L, steps

1 2 3 4 Step fwd L, pivot ½ R, step fwd L, hold.
5 6 7 8 Step fwd R, pivot ½ L, step fwd R, step fwd L.

§6: Kick Kick, ¼ R turn sailor step x 2

1 2 Kick R fwd, kick R to R (raise both arms up in V-shape)
3&4 Sweep & step R behind L, ¼ R step L to L, step R in place

5 6 Kick L fwd, kick L to L (raise both arms up in V-shape)
7&8 Sweep & step L behind R, ¼ R step R to R, step fwd R. [6:00]

Relax ! Enjoy !!
