

Springsteen

拍數: 64 牆數: 4 級數: Improver / Intermediate
編舞者: Gill Baldwin (UK) - August 2012
音樂: Springsteen - Eric Church



16 count intro. - (No tags, no restarts!!!)

S1 [1 – 8] Rock recover, coaster step, rock recover, shuffle half turn

1 - 2 Right rock, recover
3&4 Right coaster step (or triple full turn)
5 – 6 Rock forward on left, recover on right
7&8 Left shuffle half turn

S2 [1 – 8] Rock recover, coaster step, rock recover, shuffle half turn

1 - 2 Right rock, recover
3&4 Right coaster step (or triple full turn)
5 – 6 Rock forward on left, recover on right
7&8 Left shuffle half turn

S3 [1 – 8] Cross, side, behind & heel, and cross, side, behind & heel

1 – 2 Cross right over left, left to left side
3&4 Behind and right heel forward
& 5-6 Right next to left, cross left over right, right to left side
7&8 Behind and left heel forward

S4 [1 – 8] and cross, quarter chasse right, cross rock, chasse left

& 1-2 Right next to left, cross right over left, step back on left $\frac{1}{4}$ turning to right
3&4 Chasses right
5 – 6 Cross rock left over right, recover
7&8 Chasse left

S5 [1 – 8] Quarter, hold, side together side, half, hold, side together quarter

1 – 2 Quarter turn to left, stepping right to right side, hold
&3&4 Left to right foot, and Right side together side
5 – 6 Half turn to right, stepping left to left side, hold
&7&8 Right to left foot, and Left side together quarter turn to left

S6 [1 – 8] Step half, step quarter, rock recover, coaster step

1 – 2 Step forward on right, $\frac{1}{2}$ turn
3 - 4 Step forward on right, $\frac{1}{4}$ turn (6 o'clock)
5 - 6 Rock forward on right, recover
7&8 Right coaster step (or triple full turn)

S7 [1 – 8] Walk, walk, shuffle, step half, step quarter

1 – 2 Walk left, walk right
3&4 Left shuffle
5 – 6 Step forward on right, $\frac{1}{2}$ turn, recover onto left
7 - 8 Step forward on right, $\frac{1}{4}$ turn, recover onto left

S8 [1 – 8] Cross rock, chasse right, cross rock, chasse left

1 – 2 Cross rock right over left, recover
3&4 Chasse right

5 – 6
7&8

Cross rock left over right, recover
Chasse left
