

Trouble Trouble

COPPER KNOB
STEPSHEETS

拍數: 64

牆數: 2

級數: Phrased Easy Intermediate /
Intermediate



編舞者: Maria Maag (DK) - August 2012

音樂: Trouble - Chris Rene

Note : Thanks to Charlotte and Jane for helping me find this music. And for choreographing some of the steps with me.

Intro : 16 counts from first beat in music, Weight on L. - Phrasing : AB B Restart AB A Tag/Restart BB

Part A - 32 counts

[1 - 8] Walk walk R L, rocking chair R, walk walk R L , step 1/2 turn L, run run R L

1-2 Walk fw. R (1), walk fw. L. (2) 12:00

3&4& Rock fw. R (3), recover (&), rock back R (4), recover (&) 12:00

5-6 Walk fw. R (5), walk fw. L (6) 12:00

7&8& Step fw. R (7), make a 1/2 turn L stepping down L (&), run fw. R (8), run fw. L (&) 06:00

[9 - 16] Rock recover R, coaster step R, lock step R, sweep L cross, side rock recover 1/4 L run run R L

1-2 Rock fw. R (1), recover L (2) 06:00

3&4& Step back R (3), step L next to R (&), step fw. R (4), lock L behind R (&) 06:00

5-6 Step fw. R and sweep L (5), cross L over R (6) 06:00

7&8& Rock R to side (7), recover 1/4 L stepping down L (&), run fw. R (8), run fw. L (&) 03:00

[17 - 24] Mambo fw. R mambo back L, lock step fw. R, step 1/4 R, cross shuffle L

1&2 Rock fw. R (1), recover L (&), step R next to L (2) 03:00

3&4 Rock back L (3), recover R (&), step L next to R (4) 03:00

5&6 Step fw. R (5), lock L behind R (&), step fw. R (6) 03:00

7&8& Step fw. L (7), turn 1/4 R stepping R to side (&), cross L over R (8), step R to side (&) 06:00

[25 - 32] Cross rock L recover , step fw. R , step 1/2 turn R step x 2 step fw. L

1-2& Cross rock L over R (1), recover R (2), step L to side (&) 06:00

3 Step fw. R (3), (prep) 06:00

4&5 step fw. L (4), make a 1/2 turn R stepping down R (&), step fw. L (5) 12:00

6&7-8 Step fw. R (6), make a 1/2 turn L stepping down L (&), step fw. R (7), step fw. L (8) 06:00

Part B - 32 counts

[1 - 8] Rock fw. R recover, side rock R recover , behind 1/4 turn L, hitch point 1/4 R x 2, rock recover R, 1/4 L

1&2& Rock fw. R (1), recover L (&), rock R to side (2), recover L (&) 06:00

3&4 Cross R behind L (3), turn 1/4 L stepping down L (&), step fw. R (4) 03:00

&5&6& Hitch L and turn 1/4 R (&) point L to side (5), hitch L and turn 1/4 R (&) point L to side (6), hitch L (&) 09:00

7&8 Rock L fw. (7), recover R (&), turn 1/4 L and step L to side (8) 06:00

[9 - 16] Lock step fw. R, step 1/2 turn R step, step lock step step lock step step,

1&2 Step fw. R (1), lock L behind R (&), step fw. R (2) 06:00

3&4 Step fw. L (3), make a 1/2 turn R stepping down R (&), step fw. L (4) 12:00

5&6& Step fw. R (5), lock L behind R (&), step fw. R (6), step fw. L (&) 12:00

7&8 Lock R behind L (7), step fw. L (&), step fw. R (8) 12:00

[17 - 24] Rock fw. L recover, side rock L recover, behind 1/4 turn R, hitch point 1/4 L x 2, rock recover R, 1/4 R

1&2& Rock fw. L (1), recover R (&), rock L to side (2), recover R (&) 12:00

3&4 Cross L behind R (3), turn 1/4 R stepping down R (&), step fw. L (4) 03:00

&5&6& Hitch R and turn ¼ L (&) point R to side (5), hitch R and turn ¼ L (&) point R to side (6), hitch R (&) 09:00
7&8 Rock R fw. (7), recover L (&), turn ¼ R and step R to side (8) 12:00

[25 – 32] Lock step fw. L, step ½ turn L step, step lock step step lock step step,

1&2 Step fw. L (1), lock R behind L(&), step fw.L (2) 12:00
3&4 Step fw. R (3), make a ½ turn L stepping down L (&), step fw. R (4) 06:00
5&6& Step fw. L (5), lock R behind L(&), step fw. L (6), step fw. R (&) 06:00
7&8 Lock L behind R (7), step fw. R(&), step fw. L (8) 06:00

1 Restart : On wall 3 after 8 counts of part B (Facing 6 o`clock) Restart with part A

Tag : On wall 6 after 16 counts (facing 3 o`clock)

1-2 Step R fw. (1), make a ¼ turn L stepping L to side (2) 03:00

Ending: Wall 8 : Step fw. R (1)...The end...:-)

Have fun and enjoy...:-)

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