

Me Gusta

COPPERKNOB
STEPPERS

拍數: 74

牆數: 2

級數: Phrased Novice / Intermediate -
Novelty

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音樂: Me Gusta - Jody Bernal



Sequence A,B,C,A,B,C,C,B,C,A,C,C,C,C

PART A - 16 counts

8 SHUFFLES TURNING LEFT

- 1 RF Step 1/8 to right diagonal
 - & LF Step next to RF
 - 2 RF Step to right diagonal
 - 3 LF step 3/8 to left diagonal
 - & RF step next to LF
 - 4 LF step left diagonal
 - 5 RF Step 1/8 to right diagonal
 - & LF Step next to RF
 - 6 RF Step to right diagonal
 - 7 LF step 3/8 to left diagonal
 - & RF step next to LF
 - 8 LF step left diagonal
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- 1 RF Step 1/8 to right diagonal
 - & LF Step next to RF
 - 2 RF Step to right diagonal
 - 3 LF step 3/8 to left diagonal
 - & RF step next to LF
 - 4 LF step left diagonal
 - 5 RF Step 1/8 to right diagonal
 - & LF Step next to RF
 - 6 RF Step to right diagonal
 - 7 LF step 3/8 to left diagonal
 - & RF step next to LF
 - 8 LF step left diagonal(facing 12.00 again)

PART B - 26 counts

SYNCOPATED VINES, ROCKSTEPS, KICKS, ½ TURN, TOUCH

- 1 RF cross over LF
- & LF step to left side
- 2 RF cross behind LF
- & LF step to left side
- 3 RF cross over LF
- & LF step to left side
- 4 RF cross behind LF
- & LF step to left side
- 5 RF cross rock over LF
- & LF recover
- 6 RF rock to right side
- & LF recover
- 7 RF cross rock over LF

& LF Recover
 8 RF step to right side

 1 LF cross over RF
 & RF step to right side
 2 LF cross behind RF
 & RF step to right side
 3 LF cross over RF
 & RF step to right side
 4 LF cross behind RF
 & RF step to right side
 5 LF cross rock over RF
 & RF recover
 6 LF rock to left side
 & RF recover
 7 LF cross rock over RF
 & RF Recover
 8 LF step to left side

 1 RF kick forward
 & RF step in place
 2 LF kick forward
 & LF step in place
 3 RF kick forward
 & RF step in place
 4 LF touch forward
 5 LF step ½ turn over left shoulder
 6 RF drag next to LF
 7 RF touch forward turing ¼ left
 8 RF touch to right side ¼ turn right

 1 RF touch to right side ¼ turn right
 2 RF touch to right side ¼ turn right(ending 18.00)

PART C - 32 counts

HIP BUMPS, STREETWISE RUNNING MAN STEPS, EGYPTIAN SHUFFLES, SWIVELS IN PLACE

1 Bump hips to left side left arm diagonal up top right side right arm on left upper arm
 & Bump hips back
 2 Bump hips
 & Bump hips roll arms left arm in right arm forward
 3 Bump hips roll arms right arm in left arm forward
 & Bump hips roll arms left arm in right arm forward
 4 Bump hips roll arms right arm in left arm forward
 5 Bump hips to right side left arm diagonal up top left side right arm on left upperarm
 & Bump hips back
 6 Bump hips
 & Bump hips roll arms left arm in right arm forward
 7 Bump hips roll arms right arm in left arm forward
 & Bump hips roll arms left arm in right arm forward
 8 Bump hips roll arms right arm in left arm forward

 1 Jump feet shoulder width apart at diagonals (right foot forward, left foot back)
 & Jump feet together
 2 Jump feet shoulder width apart at diagonals (left foot forward, right foot back)

& Jump feet together
3 Jump feet shoulder width apart at diagonals (right foot forward, left foot back)
& Jump feet together (both feet on the floor)
4 Jump feet shoulder width apart at diagonals (right foot forward, left foot back)
& Jump feet together
5 Jump feet shoulder width apart at diagonals (left foot forward, right foot back)
& Jump feet together
6 Jump feet shoulder width apart at diagonals (right foot forward, left foot back)
& Jump feet together
7 Jump feet shoulder width apart at diagonals (left foot forward, right foot back)
& Jump feet together
8 Jump feet shoulder width apart at diagonals (left foot forward, right foot back)

1 RF to right side whilst right arm to right side palm hand up
2 LF to left side whilst left arm to left side palm up
3 RF to right side whilst right arm to right side palm hand up
& LF step next to right foot Arms in front of body
4 RF step to right side right arm to right side palm hand up
5 LF to left side whilst left arm to right side palm hand up
6 RF to right side whilst right arm to right side palm up
7 LF to left side whilst left arm to left side palm hand up
& RF step next to left foot Arms in front of body
8 LF step to left side left arm to left side palm hand up

1 Swivel feet to right side both arms up to right side
& Swivel feet to left side both arms up to left side
2 Swivel feet to right side both arm up to right side
3 Swivel feet to left side both arms down to left side
& Swivel feet to right side both arms down to right side
4 Swivel feet to left side both arms down to left side
5 Swivel feet to right side both arms up to right side
& Swivel feet to left side both arms up to left side
6 Swivel feet to right side both arm up to right side
7 Swivel feet to left side both arms down to left side
& Swivel feet to right side both arms down to right side
8 Swivel feet to left side both arms down to left side
