

That One Thing

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Jonathan Williamson (UK) - April 2012
音樂: One Thing - One Direction : (Album: Up All Night.)



Dance start: 8 count intro, then count 32.

Start on second verse on word "Shot" (18 Seconds from beginning of track)

R Cross, Side, Behind Side Cross, L Side, Together, L Chasse, ¼ L Step

1-2 Cross right over left, step left to left side
3&4 Step right behind left, step left to left side, cross right over left
5-6 Step left to left side, step right besides left
7&8 Step left to left side, step right besides left, ¼ turn left stepping forward left

Step R, ½ Pivot L, R Shuffle, L Rock, L Coaster

1-2 Step forward right, ½ pivot left
3&4 Step forward right, step left besides right, step forward right
5-6 Rock forward left, recover weight back on right
7&8 Step back left, step right besides left, step forward left

½ Monterey R, L Point, Cross L, L Point, Sailor ¼ Left, Step R

1-2 Touch right to right side, make ½ turn right stepping right next to left
3-4 Point left to left side, cross left over right
5-6& Point left to left side, Sweep left behind right ¼ turning left, Step right besides left
7-8 Step forward left, step forward right

Walk L R, L Shuffle, R Rock, R Coaster

1-2 Walk forward left, right
3&4 Step forward left, step right besides left, step forward left
5-6 Rock forward right, recover weight back on left
7&8 Step back right, step left besides right, step forward right

Step L, ¼ Right, R Cross Shuffle, ¼ Left, ¼ Left, L Cross Shuffle

1-2 Step forward left, ¼ turn right
3&4 Cross left over right, step right to right side, cross left over right
5-6 Step back right making ¼ left, ¼ turn left stepping left to left side
7&8 Cross right over left step left to left side, cross right over left

L Side, Behind, Side, Cross, L Side, Hold, & Side, Scuff

1-2 Step left to left side, step right behind left
3-4 Step left to left side, cross right over left
5-6 Step left to left side, hold
&7-8 Step right besides left, step left to left side, scuff right forward

R Jazz Box ¼ Turn x 2

1-2 Cross right over left, step back left
3-4 ¼ turn right, stepping right to right side, step forward left
5-6 Cross right over left, step back left
7-8 ¼ turn right, stepping right to right side, step forward left

R Rock, R Coaster, L Rock, L Coaster

1-2 Rock forward right, recover weight back on left
3&4 Step back right, step left besides right, step forward right

5-6 Rock forward left, recover weight back on right
7-8 Step back left, step right besides left, step forward left

Restarts: Restart wall 2 after step 48.

**If you have any queries please contact me by email at:- willand@talktalk.net.
Please also check out my other dances at:- www.feetaflame.talktalk.net**
