

Chinook Bomshel

拍數: 48 牆數: 2 級數: Beginner
編舞者: Marie Sørensen (TUR) - August 2012
音樂: Bomshel Stomp - Bomshel : (iTunes)



Intro: 40 Counts

Stomp, Hold, Stomp, Hold, Shake Your Boots (Kick Right Fwd.), Walk, Walk, Walk

1-2 Stomp Right to Right side, hold
3-4 Stomp Left to Left side, hold
5-6 Shake your Right boots fwd. Walk fwd. Right
7-8 Walk fwd. Left, Right (12:00)

Run Back, Left, Right, Left, Hitch ¼ Turn, Vine, Right, Scuff

1-2 Run back Left, Right
3-4 Run back Left, hitch Right ¼ turn Left, on the ball of Left
5-6 Step Right to Right side, cross Left behind Right
7-8 Step Right to Right side, scuff Left (09:00)

Vine ¼ Turn Left, Scuff, Rock, Recover, Jump Back & Clap

1-2 Step Left to Left side, cross Right behind Left
3-4 ¼ turn Left, step fwd. Left, scuff Right
5-6 Rock fwd. Right, recover,
&7-8 Jump back on Right, Left, hold & clap your hands (06:00)

Sugar Foot, Right, Left

1-2 Tap Right toe beside Left (Knee in) Tap Right heel beside Left (Knee out)
3-4 Tap Right toe beside Left (Knee in) step Right beside Left
5 – 6 Tap Left toe beside Right (Knee in) Tap Left heel beside Right (Knee out)
7-8 Tap Left toe beside Right (Knee in) step Left beside Right (06:00)

Vine Right, Scuff, Vine Left, Scuff

1-2 Step Right to Right side, cross Left behind Right
3-4 Step Right to Right side, scuff Left
5-6 Step Left to Left side, cross Right behind Left
7-8 Step Left to Left side, scuff Right (06:00)

Extended Chasse Right, Touch, Extended Chasse Left, Touch

1&2& Step Right to Right side, step Left beside Right, step Right to Right side, step Left beside Right
3-4 Step Right to Right side, touch Left beside Right
5&6& Step Left to Left side, step Right beside Left, step Left to Left side, step Right beside Left
7-8 Step Left to Left side, touch Right beside Left (06:00)

Note: This dance is specially choreographed to The Chinook Country Line Dancers - Canada

Have Fun!

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