

Moonshine Moon

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Lynne Dugay (USA) - July 2012
音樂: Moonshine - Katie Melua



[1- 8] FWD DOUBLE HIPS (R+L) - SIDE-ROCK, CROSS, SIDE-ROCK, CROSS

1,2,3,4 Step fwd on R and bump R hip twice, Step fwd on L and bump L hip twice
&5,6 R Side (&), Recover wgt on L, Cross R over L
&7,8 L Side (&), Recover wgt on R, Cross L over R

[9-16] ROCK FWD / BACK, TURN 1½R – WALK L, R, FWD COASTER

1,2,3&4 Step fwd on R, Recover wgt back on L, Turn 1½R shuffle RLR
5,6,7&8 Walk fwd L, R, L fwd, R tog, L back

[17-24] &-BACK, KICK, R BACK, KICK – L COASTER, KICK-BALL-CROSS

&1,2,3,4 Step back R (&), Back L, kick R fwd, step back R, kick L fwd
5&6,7&8 L back, R tog, L fwd, Kick R fwd, Step R beside L, Cross L over R

[25-32] FRIEZE R, CROSS / ROCK, SIDE, CROSS, UNWIND ½L (wgt L)

1,2,3,4 R side, L behind, R side, cross L over R
5,6,7,8 Recover weight onto R, step L to side, cross R over L, unwind ½L (wt on L)

[33-40] FWD DOUBLE HIPS (R+L) - SIDE-ROCK, CROSS, SIDE-ROCK, CROSS

1,2,3,4 Step fwd on R and bump R hip twice, Step fwd on L and bump L hip twice
&5,6 R Side (&), Recover wgt on L, Cross R over L
&7,8 L Side (&), Recover wgt on R, Cross L over R

[41-48] ROCK FWD / BACK, ½R SHUFFLE – STEP, PIVOT ½R, STEP, SWEEP R

1,2,3&4 Step fwd on R, Recover wgt back on L, Turn ½R shuffle RLR
5,6,7,8 Step fwd L, Turn ½R, Step fwd L, Sweep R fwd

[49-56] JAZZ BOX (cross, back, back, cross) – Side SHUFFLE, HINGE ½L SHUFFLE

1,2,3,4 Cross R over L, step L back 45, step R back 45, cross L over R
5&6,7&8 R Side Shuffle (RLR), Hinge turn ½L with L Side Shuffle (LRL)

[57-64] JAZZ BOX (cross, back, side, cross) – R KICK-BALL-CROSS (x2)

1,2,3,4 Cross R over L, step L back, step R to side, cross L over R
5&6,7&8 Kick R fwd, R beside L, Cross L over R (repeat R Kick-ball-cross)

BEGIN AGAIN

No tags & no restarts ENJOY THE DANCE & FEEL THE MUSIC

Contact: roses3@netspace.net.au