

KD Cha (P)

拍數: 48 牆數: 0 級數: Partner / Flow dance
編舞者: Kenny Gwartney (USA) & Debbie Gwartney (USA) - July 2012
音樂: Your Man - Josh Turner



Practice Beat: "Must be doin' Somethin' Right" by Billy Currington

Starting Position: Facing each other, with man holding ladies left hand with his right, and her right hand with his left.

SIDE SHUFFLE, ROCK, RECOVER, SIDE SHUFFLE , ROCK, AND RECOVER

1&2,3,4 Lady: Side shuffle to L, rock back on R, and recover on L
1&2,3,4 Man: Side shuffle to R, rock forward on L, and recover on R
5&6,7,8 Lady: Side shuffle to R, rock back on L, and recover on R
5&6,7,8 Man: Side shuffle to L, rock forward on R, recover on L

PROMENADE, ROCK, RECOVER, PROMENADE, ROCK, AND RECOVER

1&2,3,4 Lady: L promenade forward, rock forward on R, and recover back on L
1&2,3,4 Man: R promenade backwards, rock back on L, recover forward on R
5&6,7,8 Lady: R promenade backwards, rock back on L, recover forward on R
5&6,7,8 Man: L promenade forward, rock forward on R, recover back on L

LADY-STEP,STEP, STEP, SCUFF; MEN-STEP, TOUCH, STEP, SCUFF

1,2,3,4 Lady: Rock step L out to L side, recover R, turning 1/2 turn to L, step L, scuff R beside L
1,2,3,4 Man: Step R to the R, touch L beside R, Step L to the, scuff R beside L

(As you turn, do not drop hands, take ladies R hand over her head, as she turns, you'll end up in wrap position, with lady in front of man, and with ladies hands crossed in front of her)

Now you should both be on same the footwork

STEP, SLIDE, CHA-CHA, STEP, SLIDE, CHA-CHA

1,2,3&4 Step R, out to front at a R angle, slide L up beside R, and do a R cha-cha step
5,6,7&8 Step L, out to front at a L angle, slide R up beside L, ,and do a L cha-cha step

STEP,STEP, CHA-CHA, STEP,STEP, CHA-CHA

1,2,3&4 Do a R skater step, L skater step, and R cha-cha step (Don't have to be actual skater steps, just step at an angle)
5,6,7&8 Do a L skater step, R skater step, and L cha-cha step

WALK, WALK, WALK, HOLD, WALK, WALK, WALK, HOLD

1,2,3,4 Walk R,L,R, and hold
5,6,7,8 Walk L,R,L, and hold

LADY-STEP,STEP, STEP, SCUFF; MEN-STEP, TOUCH, STEP, SCUFF

1,2,3,4 Lady: Rock step R out to R, recover L, turning 1/2 turn to R, step R, touch L beside R(now facing man, again)
1,2,3,4 Man: Step R to the R, touch L beside R, Step L to the, touch R beside L

START AGAIN

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