

A Simple Song

拍數: 64 牆數: 2 級數: Improver
編舞者: Caroline Cooper (UK) - August 2012
音樂: A Simple Song - Mike Lane



SECTION 1: CROSS SIDE BEHIND POINT X 2

1 2,3 4 Cross right over left, step left to left, step right behind left, point left to left side.
5 6,7 8 Cross left over right, step right to right, step left behind right, point right to right side.

SECTION 2: CROSS SHUFFLE, SIDE SHUFFLE, BACK ROCK KICK BALL CHANGE

1&2,3&4 Cross shuffle right over left, side shuffle left,
5 6,7&8 rock back right recover weight left, right kick ball change.

SECTION 3: ROCK RECOVER, RIGHT SHUFFLE BACK, BEHIND UNWIND ½ LEFT, RIGHT SHUFFLE FORWARD

1 2,3&4 Rock forward right, recover weight left, shuffle back on right.
5 6,7&8 Touch left toe behind, unwind ½ over left, shuffle forward right.

SECTION 4: CHASSE LEFT, BACK ROCK, CHASSE RIGHT, BACK ROCK

1&2,3 4 Step left to left side, bring right up to left, step left to left side, rock back on right, recover weight left.
5&6,7 8 Step right to right side, bring left up to right, step right to right side, rock back on left, recover weight right.

SECTION 5 SIDE, BEHIND, ¼ TURN BRUSH, FORWARD TOUCH, BACK TOUCH

1 2 3 4 Step left to left side, step right behind left, ¼ turn left, brush right forward.
5 6 7 8 Step forward right, touch left behind right, step back on left touch right next to left.

SECTION 6 FIGURE OF 8 WITH ¼ TURN LEFT

1 2 3 4 Step right to right side, cross left behind right, step right ¼ turn right, step forward left.
5 6 7 8 Pivot ½ turn right, make ¼ turn right and step left to left side, cross right behind left, ¼ left stepping forward on left.

SECTION 7 SHUFFLE FORWARD RIGHT & LEFT, ½ TURN ½ TURN SHUFFLE

1&2, 3&4 Right shuffle forward, left shuffle forward.
5 6 7&8 ½ turn left stepping back on right, ½ left stepping forward left, right shuffle forward.

SECTION 8 ROCK FORWARD BACK, SHUFFLE ½ TURN, JAZZ BOX

1 2 3&4 Rock forward on left, recover weight right, shuffle ½ turn over left shoulder.
5 6 7 8 Cross right over left, step back on left, step right to right side close left next to right.

Tags :-

End of wall one repeat jazz box (4 counts)

End of wall two figure of 8 plus jazz box (12 counts)

End of wall three repeat jazz box (4 counts)